

## Mandurah Masters Swimming

### RECORDS Long Course

#### LC Meters-Women

18-24	50 Free	32.00	<b>21-Apr-18</b>	WMH	Tessa Vilijoen	2018 National Championships HBF Stadium Perth
	100 Free	1:09.89	<b>18-Apr-18</b>	WMH	Tessa Vilijoen	2018 National Championships HBF Stadium Perth
	200 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 Free	10:11.48	<b>20-Apr-18</b>	WMH	Tessa Vilijoen	
	1500 Free	18:28.74	<b>13-Aug-17</b>	WMH	Rebekah Weller at Somerset 1500m Event 2017	
	50 Back	35.39	<b>18-Apr-18</b>	WMH	Cara Vilijoen	2018 National Championships HBF Stadium Perth
	100 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	1500 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	50 Breast	41.38	<b>20-Apr-18</b>	WMH	Cara Vilijoen	2018 National Championships HBF Stadium Perth
	100 Breast	1:31.51	<b>19-Apr-18</b>	WMH	Cara Vilijoen	2018 National Championships HBF Stadium Perth
	200 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400 Breast	4:59.03	<b>18-Apr-18</b>	WMH	Tessa Vilijoen	2018 National Championships HBF Stadium Perth
	800 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	1500 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	50 Fly	32.77	<b>19-Apr-18</b>	WMH	Cara Vilijoen	2018 National Championships HBF Stadium Perth
	100 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200 IM	2:56.36	<b>21-Apr-18</b>	WMH	Cara Vilijoen	2018 National Championships HBF Stadium Perth
	400 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
25-29	50 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	100 Free	1:18.87	<b>31-Dec-99</b>	WMH	Heidi Elverd	
	200 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	1500 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	50 Back	35.39	<b>18-Apr-18</b>	WMH	Cara Vilijoen	2018 Nationals Perth
	100 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	1500 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	50 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	100 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	1500 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	50 Fly	51.03	<b>31-Dec-95</b>	WMH	Sandy Reynolds	
	100 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	

## Mandurah Masters Swimming

### RECORDS Long Course

30-34	50 Free	29.94	*	<b>24-Oct-10</b>	WMH	Jazmyn Tobin at Fremantle BACC 24th October 2010	
	50 Free	29.94	*	<b>24-Oct-10</b>	WMH	Jazmyn Tobin Jazmyn Tobin at Fremantle BACC 24th October 2010	
	100 Free	1:06.63	*	<b>27-Apr-11</b>	WMH	Jazmyn Tobin Jazmyn Tobin at Masters Swimming Australia National Champ	
	100 Free	1:06.63	*	<b>26-Apr-11</b>	WMH	Jazmyn Tobin at Masters Swimming Australia National Champions	
	200 Free	2:28.71		<b>31-Dec-03</b>	WMH	Cassie Lindsay	
	400 Free	5:11.52		<b>31-Dec-03</b>	WMH	Cassie Lindsay	
	800 Free	10:36.78		<b>31-Dec-03</b>	WMH	Cassie Lindsay	
	1500 Free	20:39.42		<b>31-Dec-03</b>	WMH	Cassie Lindsay	
	50 Back	37.28	*	<b>26-Apr-11</b>	WMH	Jazmyn Tobin at Masters Swimming Australia National Champions	
	50 Back	37.28	*	<b>28-Apr-11</b>	WMH	Jazmyn Tobin Jazmyn Tobin at Masters Swimming Australia National Champ	
	100 Back	1:19.68	*	<b>26-Apr-11</b>	WMH	Jazmyn Tobin at Masters Swimming Australia National Champions	
	100 Back	1:19.68	*	<b>26-Apr-11</b>	WMH	Jazmyn Tobin Jazmyn Tobin at Masters Swimming Australia National Champ	
	200 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record	
	400 Back	5:57.46		<b>31-Dec-03</b>	WMH	Marina Campbell	
	800 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record	
	1500 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record	
	50 Breast	38.53		<b>31-Dec-02</b>	WMH	Marina Campbell	
	100 Breast	1:26.33		<b>31-Dec-03</b>	WMH	Marina Campbell 2003 Top Ten	
	200 Breast	3:46.45		<b>31-Dec-96</b>	WMH	Karen Boyce	
	400 Breast	6:25.18		<b>31-Dec-03</b>	WMH	Marina Campbell WA Record	
	800 Breast	60:00.00		<b>1-Jan-01</b>	WMH	No Record	
	1500 Breast	60:00.00		<b>1-Jan-01</b>	WMH	No Record	
	50 Fly	33.11		<b>10-Sep-16</b>	WMH	Jennifer Rollin-Busby at Bunbury Skins 2016	
	100 Fly	1:19.15		<b>31-Dec-03</b>	WMH	Cassie Lindsay	
	200 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record	
	400 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record	
	800 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record	
	200 IM	2:52.82		<b>31-Dec-02</b>	WMH	Marina Campbell	
	400 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record	
	800 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record	
	35-39	50 Free	30.17		<b>21-Apr-18</b>	WMH	Jennifer Rollin Busby 2018 National Championships HBF Stadium Perth
		100 Free	1:05.30		<b>18-Apr-18</b>	WMH	Jennifer Rollin Busby 2018 National Championships HBF Stadium Perth
		200 Free	2:24.34		<b>3-Jun-04</b>	WMH	Cassie Lindsay
		400 Free	4:57.14		<b>5-Jun-04</b>	WMH	Cassie Lindsay
800 Free		10:06.42		<b>10-Jun-04</b>	WMH	Cassie Lindsay WA Record	
1500 Free		20:04.15		<b>14-Mar-04</b>	WMH	Cassie Lindsay WA Record	
3800 Free		60:00.00		<b>17-Dec-06</b>	WMH	Cassie Lindsay	
50 Back		37.16		<b>18-Apr-18</b>	WMH	Jennifer Rollin Busby 2018 National Championships HBF Stadium Perth	
100 Back		1:20.35		<b>21-Apr-18</b>	WMH	Jennifer Rollin Busby 2018 National Championships HBF Stadium Perth	
200 Back		2:58.32		<b>28-Feb-04</b>	WMH	Cassie Lindsay	
400 Back		6:58.70		<b>16-Jul-06</b>	WMH	Cassie Lindsay 2006 WA Aerobics	
800 Back		13:42.01		<b>24-Apr-04</b>	WMH	Cassie Lindsay	
1500 Back		28:04.99		<b>1-Oct-06</b>	WMH	Cassie Lindsay	
1650 Back		30:00.00		<b>25-Jun-06</b>	WMH	Cassie Lindsay	
2425 Back		45:00.00		<b>9-Jul-06</b>	WMH	Cassie Lindsay	
50 Breast		42.80		<b>20-May-18</b>	WMH	Jennifer Rollin-Busby at Stadium Masters LLCC 2018	
100 Breast		1:41.00		<b>31-Dec-05</b>	WMH	Cassie Lindsay	
200 Breast		3:20.18		<b>20-May-18</b>	WMH	Jennifer Rollin-Busby at Stadium Masters LLCC 2018	
400 Breast		7:04.97		<b>1-Jul-18</b>	WMH	Jennifer Rollin-Busby at CCC 2018 - Long Course	
800 Breast		15:26.51		<b>22-Apr-04</b>	WMH	Cassie Lindsay	
1500 Breast		29:04.88		<b>31-Dec-95</b>	WMH	Caroline Nilson	
50 Fly		33.88		<b>18-Apr-04</b>	WMH	Cassie Lindsay	
100 Fly		1:14.06		<b>20-Apr-18</b>	WMH	Jennifer Rollin Busby 2018 National Championships HBF Stadium Perth	
200 Fly		5:33.89		<b>31-Dec-00</b>	WMH	Lorna Bright	
400 Fly		60:00.00		<b>1-Jan-01</b>	WMH	No Record	

## Mandurah Masters Swimming

### RECORDS Long Course

35-39	800 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200 IM	2:51.80	<b>3-Jun-04</b>	WMH	Cassie Lindsay	
	400 IM	6:59.03	<b>5-Nov-06</b>	WMH	Cassie Lindsay	
	800 IM	14:18.55	<b>19-Nov-06</b>	WMH	Cassie Lindsay	
40-44	50 Free	31.91	<b>15-Oct-16</b>	WMH	Ingrid van der Wel at Masters Swimming WA All Club Challenge	
	100 Free	1:09.17	<b>24-May-14</b>	WMH	Ingrid van der Wel at Masters Swimming WA State Championships	
	200 Free	2:29.54	<b>15-Oct-16</b>	WMH	Ingrid van der Wel at Masters Swimming WA All Club Challenge	
	400 Free	7:40.68	<b>5-Aug-12</b>	WMH	Donna Hoskins at Aqualife Centre	
	800 Free	15:30.40	<b>5-Aug-12</b>	WMH	Donna Hoskins at Aqualife Centre	
	1500 Free	23:37.87	<b>18-Jul-04</b>	WMH	Susan Johnston	
	50 Back	37.52	<b>24-May-14</b>	WMH	Ingrid van der Wel at Masters Swimming WA State Championships	
	100 Back	1:20.86	<b>24-May-14</b>	WMH	Ingrid van der Wel at Masters Swimming WA State Championships	
	200 Back	2:52.38	<b>15-Oct-16</b>	WMH	Ingrid van der Wel at Masters Swimming WA All Club Challenge	
	400 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	1500 Back	25:03.22	<b>3-Aug-14</b>	WMH	Ingrid van der Wel at 2014 Somerset 1500m Event	
	50 Breast	42.65	<b>15-Oct-16</b>	WMH	Ingrid van der Wel at Masters Swimming WA All Club Challenge	
	100 Breast	1:32.36	<b>14-Sep-14</b>	WMH	Ingrid van der Wel at Stadium Snappers Live Lighter Club Challenge	
	200 Breast	3:46.66	<b>1-Apr-07</b>	WMH	Karen Boyce at Melville Aquatic	
	400 Breast	8:48.14	<b>20-Jun-21</b>	WMH	Renae Jez Riverton 400/800	
	800 Breast	17:40.96 *	<b>20-Jun-21</b>	WMH	Renae Jez at Riverton 400/800 Meet	
	800 Breast	17:40.96 *	<b>20-Jun-21</b>	WMH	Renae Jez Riverton 400/800 Renae Jez at Riverton 400/800 Meet	
	1500 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	50 Fly	35.49	<b>29-Oct-17</b>	WMH	Ingrid van der Wel at Fremantle Masters LLCC	
	100 Fly	1:34.33	<b>14-May-05</b>	WMH	Susan Johnston	
	200 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200 IM	2:55.63	<b>14-Sep-14</b>	WMH	Ingrid van der Wel at Stadium Snappers Live Lighter Club Challenge	
	400 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	45-49	50 Free	31.48	<b>25-May-19</b>	WMH	Ingrid van der Wel at LiveLighter MSWA State LC Championships
		100 Free	1:07.00	<b>6-May-23</b>	WMH	Ingrid van der Wel at Masters Swimming WA State Championships
		200 Free	2:25.25	<b>27-Oct-19</b>	WMH	Ingrid van der Wel at Fremantle Masters LLCC 2019
400 Free		5:34.02	<b>8-Jun-14</b>	WMH	Erica Thomas	
800 Free		12:41.13	<b>30-Sep-07</b>	WMH	Susan Johnston	
1500 Free		60:00.00	<b>1-Jan-01</b>	WMH	No Record	
1625 Free		30:00.00	<b>8-May-12</b>	WMH	Elizabeth Marland at Australia	
3175 Free		60:00.00	<b>3-May-12</b>	WMH	Elizabeth Marland at Australia	
50 Back		37.59	<b>6-May-23</b>	WMH	Ingrid van der Wel at Masters Swimming WA State Championships	
100 Back		1:20.74	<b>6-May-23</b>	WMH	Ingrid van der Wel at Masters Swimming WA State Championships	
200 Back		2:55.27	<b>6-May-23</b>	WMH	Ingrid van der Wel at Masters Swimming WA State Championships	
400 Back		60:00.00	<b>1-Jan-01</b>	WMH	No Record	
800 Back		15:54.69	<b>31-Dec-02</b>	WMH	Jeannette Rein	
1500 Back		60:00.00	<b>1-Jan-01</b>	WMH	No Record	
50 Breast		42.63	<b>27-Oct-19</b>	WMH	Ingrid van der Wel at Fremantle Masters LLCC 2019	
100 Breast		1:44.61	<b>22-Apr-08</b>	WMH	Karen Boyce at Perth WA	
200 Breast		3:41.84	<b>22-Apr-08</b>	WMH	Karen Boyce at Perth WA	
400 Breast		7:48.83	<b>15-Jun-14</b>	WMH	Erica Thomas	
800 Breast		16:08.59	<b>30-May-09</b>	WMH	Susan Johnston	
1500 Breast		30:40.51	<b>30-May-09</b>	WMH	Susan Johnston	
50 Fly		34.50	<b>25-May-19</b>	WMH	Ingrid van der Wel at LiveLighter MSWA State LC Championships	
100 Fly		1:28.91	<b>20-Apr-08</b>	WMH	Susan Johnston	
200 Fly		60:00.00	<b>1-Jan-01</b>	WMH	No Record	

## Mandurah Masters Swimming

### RECORDS Long Course

45-49	400 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200 IM	3:04.20	* <b>24-May-14</b>	WMH	Erica Thomas at Masters Swimming WA State Championships	
	200 IM	3:04.20	* <b>24-May-14</b>	WMH	Erica Thomas Erica Thomas at Masters Swimming WA State Championships	
	400 IM	7:29.45	<b>1-Oct-06</b>	WMH	Susan Johnston	
	800 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
50-54	50 Free	34.18	<b>23-Nov-11</b>	WMH	Susan Johnston	
	100 Free	1:15.24	* <b>27-Apr-11</b>	WMH	Susan Johnston Susan Johnston at Masters Swimming Australia National Ch	
	100 Free	1:15.24	* <b>26-Apr-11</b>	WMH	Susan Johnston at Masters Swimming Australia National Champions	
	200 Free	2:41.45	* <b>14-Apr-12</b>	WMH	Susan Johnston at 2012 Masters Swimming National Championships	
	200 Free	2:41.45	* <b>17-Apr-12</b>	WMH	ston at SA A&LC Susan Johnston at 2012 Masters Swimming National Chan	
	400 Free	5:38.90	* <b>14-Apr-12</b>	WMH	Susan Johnston at 2012 Masters Swimming National Championships	
	400 Free	5:38.90	* <b>16-Apr-12</b>	WMH	Susan Johnston Susan Johnston at 2012 Masters Swimming National Champ	
	800 Free	11:51.77	* <b>14-Apr-12</b>	WMH	Susan Johnston at 2012 Masters Swimming National Championships	
	800 Free	11:51.77	* <b>15-Apr-12</b>	WMH	Susan Johnston Susan Johnston at 2012 Masters Swimming National Champ	
	1500 Free	24:34.26	* <b>7-Jun-14</b>	WMH	Susan Johnston Susan Johnston at Stadium Snappers LC 1500 2014	
	1500 Free	24:34.26	* <b>7-Jun-14</b>	WMH	Susan Johnston at Stadium Snappers LC 1500 2014	
	50 Back	43.28	<b>17-Jul-22</b>	WMH	Alexandra Shorter at Riverton ABC	
	100 Back	1:35.90	<b>23-Oct-22</b>	WMH	Alexandra Shorter at Stadium Masters ABCCC 2022	
	200 Back	3:27.00	<b>17-Jul-22</b>	WMH	Alexandra Shorter at Riverton ABC	
	400 Back	7:18.20	<b>19-Jun-22</b>	WMH	Alexandra Shorter at Riverton 400/800 Meet	
	800 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	1500 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	50 Breast	47.55	<b>23-Oct-22</b>	WMH	Karen Sims at Stadium Masters ABCCC 2022	
	100 Breast	1:47.03	* <b>22-Apr-12</b>	WMH	Susan Johnston at Westcoast BACC 2012	
	100 Breast	1:47.03	* <b>22-Apr-12</b>	WMH	Susan Johnston Susan Johnston at Westcoast BACC 2012	
	200 Breast	3:45.81	<b>23-Oct-11</b>	WMH	Susan Johnston	
	400 Breast	8:03.68	<b>11-Jun-11</b>	WMH	Susan Johnston	
	800 Breast	16:16.82	<b>11-Jun-11</b>	WMH	Susan Johnston	
	1500 Breast	30:36.37	<b>11-Jun-11</b>	WMH	Susan Johnston at Challenge Stadium	
	50 Fly	37.78	* <b>1-Apr-12</b>	WMH	Susan Johnston Susan Johnston at Melville BACC 2012	
	50 Fly	37.78	* <b>1-Apr-12</b>	WMH	Susan Johnston at Melville BACC 2012	
	100 Fly	1:28.27	* <b>26-Apr-11</b>	WMH	Susan Johnston at Masters Swimming Australia National Champions	
	100 Fly	1:28.27	* <b>29-Apr-11</b>	WMH	allenge Stadium Susan Johnston at Masters Swimming Australia National C	
	200 Fly	4:07.16	<b>22-Apr-08</b>	WMH	Jeannette Rein	
	400 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200 IM	3:14.87	* <b>26-Apr-11</b>	WMH	Susan Johnston at Master's Swimming Australia National Champions	
	200 IM	3:14.87	* <b>29-Apr-11</b>	WMH	Susan Johnston Susan Johnston at Masters Swimming Australia National Ch	
	400 IM	7:01.87	* <b>26-Apr-11</b>	WMH	Susan Johnston at Master's Swimming Australia National Champions	
	400 IM	7:01.87	* <b>27-Apr-11</b>	WMH	Susan Johnston Susan Johnston at Masters Swimming Australia National Ch	
	800 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	55-59	50 Free	37.69	* <b>14-Mar-14</b>	WMH	Jeannette Rein at 2014 LiveLighter Beatty Park 50s
		50 Free	37.69	* <b>14-Mar-14</b>	WMH	Jeannette Rein Jeannette Rein at 2014 LiveLighter Beatty Park 50s
		100 Free	1:19.59	<b>1-Jul-18</b>	WMH	Susan Johnston at CCC 2018 - Long Course
		200 Free	2:52.92	<b>25-Oct-20</b>	WMH	Susan Johnston at STADIUM MASTERS 2020 LLCC SERIES MEET
400 Free		7:22.19	<b>25-Sep-13</b>	WMH	Jeannette Rein	
800 Free		15:01.81	* <b>20-Jun-21</b>	WMH	een Wray Riverton 400/800 Colleen Wray at Riverton 400/800 Me	
800 Free		15:01.81	* <b>20-Jun-21</b>	WMH	Colleen Wray at Riverton 400/800 Meet	
1500 Free		24:43.90	<b>1-Jul-18</b>	WMH	Susan Johnston at CCC 2018 - Long Course	
1575 Free		30:00.00	<b>25-Sep-11</b>	WMH	Jeannette Rein	
50 Back		49.06	* <b>14-Mar-14</b>	WMH	Jeannette Rein Jeannette Rein at 2014 LiveLighter Beatty Park 50s	
50 Back		49.06	* <b>14-Mar-14</b>	WMH	Jeannette Rein at 2014 LiveLighter Beatty Park 50s	
100 Back		1:55.85	* <b>3-Apr-11</b>	WMH	Jeannette Rein at Melville BACC 2011	

## Mandurah Masters Swimming

### RECORDS Long Course

55-59	100	Back	1:55.85	*	<b>3-Apr-11</b>	WMH	tte Rein	2011 WML Interclub Jeannette Rein at Melville BACC 2011	
	200	Back	4:04.15		<b>31-Dec-98</b>	WMH	Lyn McPhail		
	400	Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
	800	Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
	1500	Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
	50	Breast	47.20		<b>26-Mar-23</b>	WMH	Karen Sims at 2023 ABCC Fremantle Club Carni		
	100	Breast	1:58.59		<b>25-Oct-20</b>	WMH	Susan Johnston at STADIUM MASTERS 2020 LLCC SERIES MEET		
	200	Breast	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
	400	Breast	9:35.26		<b>10-Apr-22</b>	WMH	Narelle Gillmore	MARC Vorgee	
	800	Breast	18:23.19		<b>9-Oct-11</b>	WMH	Jeannette Rein		
	1500	Breast	36:15.61		<b>30-Nov-14</b>	WMH	Jeannette Rein		
	1925	Breast	45:00.00		<b>16-Oct-11</b>	WMH	Jeannette Rein		
	50	Fly	43.64		<b>25-Oct-20</b>	WMH	Susan Johnston at STADIUM MASTERS 2020 LLCC SERIES MEET		
	100	Fly	1:51.32	*	<b>7-Apr-13</b>	WMH	Jeannette Rein at Melville Live Lighter Club Challenge 2013		
	100	Fly	1:51.32	*	<b>7-Apr-13</b>	WMH	Jeannette Rein Jeannette Rein at Melville Live Lighter Club Challenge 2013		
	200	Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
	400	Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
	800	Fly	19:46.49		<b>18-Nov-14</b>	WMH	Jeannette Rein		
	200	IM	3:43.47		<b>1-Jul-18</b>	WMH	Susan Johnston at CCC 2018 - Long Course		
	400	IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
	800	IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
	60-64	50	Free	37.57		<b>31-Dec-03</b>	WMH	Pauline Wingate	
		100	Free	1:22.75		<b>24-Mar-03</b>	WMH	Pauline Wingate	
200		Free	3:03.23		<b>31-Dec-03</b>	WMH	Pauline Wingate		
400		Free	6:28.81		<b>31-Dec-03</b>	WMH	Pauline Wingate		
800		Free	13:12.42		<b>1-Apr-04</b>	WMH	Pauline Wingate		
1500		Free	28:53.11		<b>25-Jun-22</b>	WMH	Colleen Wray	MARC Vorgee	
50		Back	48.85		<b>11-Sep-05</b>	WMH	Lyn McPhail		
100		Back	1:47.49		<b>31-Dec-03</b>	WMH	Pam Walker		
200		Back	3:52.47		<b>31-Dec-04</b>	WMH	Pam Walker		
400		Back	8:46.49		<b>3-Jun-18</b>	WMH	Deborah Bloor @MARC Endurance		
800		Back	18:23.40		<b>10-Jun-18</b>	WMH	Deborah Bloor	@ MARC Endurance	
1500		Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
50		Breast	49.51		<b>26-Mar-23</b>	WMH	Karen Boyce at 2023 ABCC Fremantle Club Carni		
100		Breast	1:49.49		<b>7-Jun-04</b>	WMH	Pauline Wingate		
200		Breast	3:56.87		<b>18-Apr-04</b>	WMH	Pauline Wingate		
400		Breast	9:37.68		<b>4-Jun-06</b>	WMH	Lyn McPhail		
800		Breast	24:05.20		<b>8-Aug-10</b>	WMH	Rosemary Green		
1500		Breast	46:18.72	*	<b>8-Aug-10</b>	WMH	Rosemary Green Rosemary Green at Somerset 1500m Event		
1500		Breast	46:18.72	*	<b>8-Aug-10</b>	WMH	Rosemary Green at Somerset 1500m Event		
50		Fly	47.93		<b>26-Mar-23</b>	WMH	Narelle Gillmore at 2023 ABCC Fremantle Club Carni		
100		Fly	2:02.96		<b>8-Apr-18</b>	WMH	Jeannette Rein at Melville LiveLighter Club Challenge 2018		
200		Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
400		Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
800		Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record		
200		IM	3:48.34		<b>31-Dec-03</b>	WMH	Pauline Wingate		
400		IM	9:40.11		<b>27-May-18</b>	WMH	Deborah Bloor @MARC Endurance		
800		IM	21:19.78		<b>31-Dec-00</b>	WMH	Gita Neumann		
65-69		50	Free	38.46		<b>8-Apr-18</b>	WMH	Jennifer Crake at Melville LiveLighter Club Challenge 2018	
		100	Free	1:26.52		<b>7-Oct-05</b>	WMH	Pauline Wingate	
		200	Free	3:11.77		<b>15-May-05</b>	WMH	Pauline Wingate	
		400	Free	6:44.17		<b>10-Aug-06</b>	WMH	Pauline Wingate	
		800	Free	14:02.36		<b>4-Aug-06</b>	WMH	Pauline Wingate	
	1500	Free	34:52.80	*	<b>8-Jun-13</b>	WMH	Rosemary Green at Stadium Snappers 1500 8 June 2013		

## Mandurah Masters Swimming

### RECORDS Long Course

65-69	1500 Free	34:52.80	*	<b>8-Jun-13</b>	WMH	Rosemary Green Rosemary Green at Stadium Snappers 1500 8 June 2013
	1650 Free	30:00.00		<b>1-Oct-06</b>	WMH	Pauline Wingate
	1875 Free	45:00.00		<b>28-Nov-14</b>	WMH	Rosemary Green
	2450 Free	60:00.00		<b>16-Nov-14</b>	WMH	Rosemary Green
	50 Back	52.35	*	<b>24-Oct-10</b>	WMH	Lyn McPhail Lynette McPhail at Fremantle BACC 24th October 2010
	50 Back	52.35	*	<b>24-Oct-10</b>	WMH	Lynette McPhail at Fremantle BACC 24th October 2010
	100 Back	1:56.94		<b>22-Apr-08</b>	WMH	Lyn McPhail
	200 Back	4:06.66		<b>18-Apr-08</b>	WMH	Lyn McPhail
	400 Back	9:29.83		<b>2-May-21</b>	WMH	Deborah Bloor MARC Vorgee
	800 Back	19:35.17	*	<b>31-Aug-14</b>	WMH	Rosemary Green Rosemary Green at Riverton 400/800
	800 Back	19:35.17	*	<b>31-Aug-14</b>	WMH	Rosemary Green at Riverton 400/800
	1165 Back	30:00.00		<b>3-Apr-16</b>	WMH	Rosemary Green at MARC Endurance Swim
	1500 Back	38:14.99	*	<b>15-May-21</b>	WMH	Deborah Bloor at Stadium Masters Livelighter 15
	1500 Back	38:14.99	*	<b>15-May-21</b>	WMH	oor Stadium 1500 Deborah Bloor at Stadium Masters Livelighter 15
	1780 Back	45:00.00		<b>7-Dec-14</b>	WMH	Rosemary Green
	2325 Back	60:00.00		<b>10-Oct-15</b>	WMH	Rosemary Green
	50 Breast	50.70		<b>11-Sep-05</b>	WMH	Pauline Wingate WA Record
	100 Breast	1:53.62		<b>11-Sep-05</b>	WMH	Pauline Wingate WA Record
	200 Breast	3:58.78		<b>14-May-05</b>	WMH	Pauline Wingate WA Record
	400 Breast	8:56.17		<b>16-Jul-05</b>	WMH	Pauline Wingate
	800 Breast	18:07.35		<b>4-Jun-06</b>	WMH	Pauline Wingate
	975 Breast	30:00.00		<b>30-Apr-16</b>	WMH	Rosemary Green at MARC Endurance Swim
	1500 Breast	42:27.36	*	<b>4-Aug-13</b>	WMH	Rosemary Green Rosemary Green at 2013 Somerset 1500m Event
	1500 Breast	42:27.36	*	<b>4-Aug-13</b>	WMH	Rosemary Green at 2013 Somerset 1500m Event
	1550 Breast	45:00.00		<b>13-Apr-14</b>	WMH	Rosemary Green
	2000 Breast	60:00.00		<b>23-Mar-14</b>	WMH	Rosemary Green
	50 Fly	57.54		<b>27-Mar-22</b>	WMH	Jeannette Rein at 2022 LiveLighter Fremantle Club Carnival
	100 Fly	2:49.26	*	<b>14-Sep-14</b>	WMH	Rosemary Green Rosemary Green at Stadium Snappers Live Lighter Club Ch
	100 Fly	2:49.26	*	<b>14-Sep-14</b>	WMH	Rosemary Green at Stadium Snappers Live Lighter Club Challenge
	200 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	400 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200 IM	3:51.27		<b>23-Oct-05</b>	WMH	Pauline Wingate
	400 IM	8:27.21		<b>16-Jul-06</b>	WMH	Pauline Wingate
	800 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record
70-74	50 Free	39.73		<b>27-Mar-22</b>	WMH	Jennifer Crake at 2022 LiveLighter Fremantle Club Carnival
	100 Free	1:32.55		<b>12-Oct-10</b>	WMH	Pauline Wingate
	200 Free	3:22.23	*	<b>17-Apr-12</b>	WMH	Pauline Wingate Pauline Wingate at 2012 Masters Swimming National Chan
	200 Free	3:22.23	*	<b>14-Apr-12</b>	WMH	Pauline Wingate at 2012 Masters Swimming National Championships
	400 Free	7:04.15	*	<b>16-Apr-12</b>	WMH	Pauline Wingate Pauline Wingate at 2012 Masters Swimming National Chan
	400 Free	7:04.15	*	<b>14-Apr-12</b>	WMH	Pauline Wingate at 2012 Masters Swimming National Championships
	800 Free	14:31.22	*	<b>14-Apr-12</b>	WMH	Pauline Wingate at 2012 Masters Swimming National Championships
	800 Free	14:31.22	*	<b>15-Apr-12</b>	WMH	Pauline Wingate Pauline Wingate at 2012 Masters Swimming National Chan
	1500 Free	38:54.49		<b>1-Jul-18</b>	WMH	Rosemary Green at CCC 2018 - Long Course
	2250 Free	60:00.00		<b>2-Sep-17</b>	WMH	Rosemary Green at MARC Endurance swim
	50 Back	45.64	*	<b>14-Sep-14</b>	WMH	Gerda Williams at Stadium Snappers Live Lighter Club Challenge
	50 Back	45.64	*	<b>14-Sep-14</b>	WMH	Gerda Williams Gerda Williams at Stadium Snappers Live Lighter Club Chall
	100 Back	1:41.19	*	<b>24-May-14</b>	WMH	Gerda Williams at Masters Swimming WA State Championships
	100 Back	1:41.19	*	<b>25-May-14</b>	WMH	Gerda Williams Gerda Williams at Masters Swimming WA State Championsh
	200 Back	3:39.96	*	<b>24-May-14</b>	WMH	Gerda Williams at Masters Swimming WA State Championships
	200 Back	3:39.96	*	<b>24-May-14</b>	WMH	Gerda Williams Gerda Williams at Masters Swimming WA State Championsh
	400 Back	7:50.12		<b>7-Jun-14</b>	WMH	Gerda Williams WA Record
	800 Back	15:36.46		<b>7-Jun-14</b>	WMH	Gerda Williams WA Record
	1150 Back	30:00.00		<b>16-Sep-17</b>	WMH	Rosemary Green at MARC Endurance swim
	1500 Back	29:05.89	*	<b>7-Jun-14</b>	WMH	Gerda Williams at Stadium Snappers LC 1500 2014

## Mandurah Masters Swimming

### RECORDS Long Course

70-74	1500 Back	29:05.89	*	<b>7-Jun-14</b>	WMH	Gerda Williams WA Record Gerda Williams at Stadium Snappers LC 1500 20
	50 Breast	53.53	*	<b>11-Apr-10</b>	WMH	Pauline Wingate at Melville BACC
	50 Breast	53.53	*	<b>11-Apr-10</b>	WMH	Pauline Wingate WA Record Pauline Wingate at Melville BACC
	100 Breast	1:57.51	*	<b>14-Apr-12</b>	WMH	ingate WA Record Pauline Wingate at 2012 Masters Swimming National Cha
	100 Breast	1:57.51	*	<b>14-Apr-12</b>	WMH	Pauline Wingate at 2012 Masters Swimming National Championships
	200 Breast	4:11.84	*	<b>4-Mar-12</b>	WMH	ine Wingate WA Record Pauline Wingate at Masters Swimming WA State Ch:
	200 Breast	4:11.84	*	<b>4-Mar-12</b>	WMH	Pauline Wingate at Masters Swimming WA State Championships
	400 Breast	8:57.61		<b>7-Aug-11</b>	WMH	Pauline Wingate WA Record
	800 Breast	18:15.81		<b>7-Aug-11</b>	WMH	Pauline Wingate WA Record
	1250 Breast	30:00.00		<b>16-Oct-11</b>	WMH	Pauline Wingate
	1435 Breast	45:00.00		<b>10-Jun-17</b>	WMH	Rosemary Green at MARC Endurance swim
	1500 Breast	35:04.75		<b>7-Aug-11</b>	WMH	Pauline Wingate
	1875 Breast	60:00.00		<b>17-Jun-17</b>	WMH	Rosemary Green at MARC Endurance swim
	50 Fly	56.18	*	<b>17-Apr-16</b>	WMH	Gerda Williams Gerda Williams at Melville LiveLighter Club Challenge 2016
	50 Fly	56.18	*	<b>17-Apr-16</b>	WMH	Gerda Williams at Melville LiveLighter Club Challenge 2016
	100 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	400 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200 IM	3:55.47	*	<b>24-May-14</b>	WMH	Gerda Williams at Masters Swimming WA State Championships
	200 IM	3:55.47	*	<b>24-May-14</b>	WMH	rda Williams WA Record Gerda Williams at Masters Swimming WA State Ch:
	400 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record
75-79	50 Free	39.10		<b>27-Apr-17</b>	WMH	Gerda Williams at Auckland NZ
	100 Free	1:31.76		<b>26-Apr-17</b>	WMH	Gerda Williams at Auckland NZ
	200 Free	3:53.88		<b>28-Oct-18</b>	WMH	Pauline Wingate at Fremantle LLCC 2018
	400 Free	8:28.07		<b>17-Jun-18</b>	WMH	Pauline Wingate @Marc Enduranc
	800 Free	21:32.19		<b>6-Feb-22</b>	WMH	Rosemary Green      MARC Vorgee
	1075 Free	30:00.00		<b>12-Feb-22</b>	WMH	Rosemary Green      MARC Vorgee
	1500 Free	41:50.34		<b>18-Jun-22</b>	WMH	Rosemary Green      MARC Vorgee
	1950 Free	60:00.00		<b>5-Nov-22</b>	WMH	Rosemary Green      MARC Vorgee
	50 Back	45.77		<b>24-Apr-17</b>	WMH	Gerda Williams at Auckland NZ
	100 Back	1:41.74		<b>1-Oct-17</b>	WMH	Gerda Williams at Stadium Masters LiveLighter CC 2017
	200 Back	3:43.17		<b>25-Apr-17</b>	WMH	Gerda Williams at Auckland NZ
	400 Back	7:57.70	*	<b>1-Jan-17</b>	WMH	Gerda Williams at 2017 Mandurah Aerobic Long Course
	400 Back	7:57.70	*	<b>7-May-17</b>	WMH	liams at MARC Endurance swim Gerda Williams at 2017 Mandurah Aerobic
	800 Back	15:49.24	*	<b>6-Aug-17</b>	WMH	liams at MARC Endurance swim Gerda Williams at 2017 Mandurah Aerobic
	800 Back	15:49.24	*	<b>1-Jan-17</b>	WMH	Gerda Williams at 2017 Mandurah Aerobic Long Course
	1500 Back	31:31.83		<b>10-Jun-17</b>	WMH	Gerda Williams at Stadium Masters Livelighter 1500m 2017
	1600 Back	45:00.00		<b>5-Feb-22</b>	WMH	Rosemary Green      MARC Vorgee
	2100 Back	60:00.00		<b>5-Mar-22</b>	WMH	Rosemary Green      MARC Vorgee
	50 Breast	55.46		<b>26-Apr-17</b>	WMH	Jannie Thomson at Auckland NZ
	100 Breast	2:02.49		<b>19-Apr-18</b>	WMH	Gerda Williams      2018 National Championships HBF Stadium Perth
	200 Breast	4:27.02	*	<b>25-Oct-15</b>	WMH	Pauline Wingate WA Record Pauline Wingate at Freo Fins LLCC 25th Octobe
	200 Breast	4:27.02	*	<b>25-Oct-15</b>	WMH	Pauline Wingate at Freo Fins LLCC 25th October 2015
	400 Breast	9:24.43		<b>6-Jun-15</b>	WMH	Pauline Wingate National Record
	800 Breast	19:05.68		<b>6-Jun-15</b>	WMH	Pauline Wingate National Record
	1275 Breast	45:00.00		<b>19-Feb-22</b>	WMH	Rosemary Green      MARC Vorgee
	1500 Breast	36:20.82	*	<b>6-Jun-15</b>	WMH	Pauline Wingate at Stadium Masters 1500m
	1500 Breast	36:20.82	*	<b>6-Jun-15</b>	WMH	Pauline Wingate National Record Pauline Wingate at Stadium Masters 1500
	50 Fly	53.98		<b>29-Apr-17</b>	WMH	Gerda Williams at Masters Swimming WA State Championships
	100 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	400 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record

## Mandurah Masters Swimming

### RECORDS Long Course

75-79	200 IM	3:57.01	<b>22-Apr-17</b>	WMH	Gerda Williams at Auckland NZ
	400 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	800 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record
80-84	50 Free	43.89	<b>28-Apr-22</b>	WMH	Gerda Williams at Australian Masters Games
	100 Free	1:53.16	<b>2-Apr-22</b>	WMH	Pauline Wingate at Masters Swimming WA State Championships
	200 Free	4:06.39	<b>28-Apr-22</b>	WMH	Pauline Wingate at Australian Masters Games
	400 Free	8:19.04	<b>28-Apr-22</b>	WMH	Gerda Williams at Australian Masters Games
	800 Free	18:24.70	<b>27-Feb-22</b>	WMH	Pauline Wingate      MARC Vorgee
	1500 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	50 Back	49.61	<b>28-Apr-22</b>	WMH	Gerda Williams at Australian Masters Games
	100 Back	1:46.39	<b>17-Jul-22</b>	WMH	Gerda Williams at Riverton ABC
	200 Back	3:57.68	<b>17-Jul-22</b>	WMH	Gerda Williams at Riverton ABC
	400 Back	7:54.73	<b>19-Jun-22</b>	WMH	Gerda Williams at Riverton 400/800 Meet
	800 Back	16:43.76	<b>2-Jul-22</b>	WMH	Gerda Williams      Country Correspondence Carnival
	1500 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	50 Breast	58.13	<b>15-Nov-20</b>	WMH	Pauline Wingate at Fremantle Masters LLCC 2020
	100 Breast	2:10.05	<b>25-Oct-20</b>	WMH	Pauline Wingate at STADIUM MASTERS 2020 LLCC SERIES MEET
	200 Breast	4:41.18	* <b>23-Oct-22</b>	WMH	um Masters ABCCC 2022 Pauline Wingate at Masters Swimming WA State Cl
	200 Breast	4:41.18	* <b>2-Apr-22</b>	WMH	Pauline Wingate at Masters Swimming WA State Championships
	400 Breast	9:49.84	<b>14-May-22</b>	WMH- WA	Pauline Wingate      Stadium 1500
	800 Breast	20:10.94	<b>14-May-22</b>	WMH- WA	Pauline Wingate      Stadium 1500
	975 Breast	30:00.00	<b>30-Jan-22</b>	WMH	Lyn McPhail      MARC Vorgee
	1500 Breast	38:28.96	<b>14-May-22</b>	WMH	Pauline Wingate at Stadium Masters 1500m 2022
	50 Fly	59.32	<b>17-Jul-22</b>	WMH	Gerda Williams at Riverton ABC
	100 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	400 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	800 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 IM	4:24.73	<b>28-Apr-22</b>	WMH	Gerda Williams at Australian Masters Games
	400 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	800 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	85-89	50 Free	1:27.26	<b>31-Dec-03</b>	WMH
100 Free		60:00.00	<b>1-Jan-01</b>	WMH	No Record
200 Free		60:00.00	<b>1-Jan-01</b>	WMH	No Record
400 Free		60:00.00	<b>1-Jan-01</b>	WMH	No Record
50 Back		1:24.15	<b>31-Dec-03</b>	WMH	Pat Greysmith
100 Back		3:39.27	<b>11-Sep-05</b>	WMH	Pat Greysmith
200 Back		60:00.00	<b>1-Jan-01</b>	WMH	No Record
400 Back		60:00.00	<b>1-Jan-01</b>	WMH	No Record
50 Breast		2:19.47	<b>31-Dec-03</b>	WMH	Pat Greysmith
100 Breast		60:00.00	<b>1-Jan-01</b>	WMH	No Record
200 Breast		60:00.00	<b>1-Jan-01</b>	WMH	No Record
400 Breast		60:00.00	<b>1-Jan-01</b>	WMH	No Record
50 Fly		60:00.00	<b>1-Jan-01</b>	WMH	No Record
100 Fly		60:00.00	<b>1-Jan-01</b>	WMH	No Record
200 Fly		60:00.00	<b>1-Jan-01</b>	WMH	No Record
200 IM		60:00.00	<b>1-Jan-01</b>	WMH	No Record
400 IM		60:00.00	<b>1-Jan-01</b>	WMH	No Record
90-94	50 Free	1:50.02	<b>20-Apr-08</b>	WMH	Pat Greysmith
	100 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	400 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	50 Back	1:51.52	<b>23-Apr-08</b>	WMH	Pat Greysmith



### Mandurah Masters Swimming

#### RECORDS Long Course

90-94	100 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	400 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	50 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	100 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	400 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	50 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	100 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	400 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record

## Mandurah Masters Swimming

### RECORDS Long Course

#### LC Meters-Men

25-29	50 Free	26.32		<b>17-May-09</b>	WMH	Ryan Spencer
	100 Free	59.09	*	<b>19-Sep-10</b>	WMH	Ryan Spencer at Snappers BACC 19 September 2010
	100 Free	59.09	*	<b>19-Sep-10</b>	WMH	Ryan Spencer Ryan Spencer at Snappers BACC 19 September 2010
	200 Free	2:20.62		<b>31-Dec-99</b>	WMH	Warren Hewett
	400 Free	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Free	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	1500 Free	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	50 Back	33.49		<b>5-Apr-09</b>	WMH	Ryan Spencer
	100 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	400 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	1500 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	50 Breast	33.44		<b>16-May-09</b>	WMH	Ryan Spencer
	100 Breast	1:12.46		<b>11-Oct-09</b>	WMH	Ryan Spencer
	200 Breast	2:47.50	*	<b>11-Apr-10</b>	WMH	Ryan Spencer at Melville BACC
	200 Breast	2:47.50	*	<b>11-Apr-10</b>	WMH	Ryan Spencer Ryan Spencer at Melville BACC
	400 Breast	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Breast	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	1500 Breast	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	50 Fly	27.73		<b>17-May-09</b>	WMH	Ryan Spencer
	100 Fly	1:02.70		<b>17-May-09</b>	WMH	Ryan Spencer WA Record
	200 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	400 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200 IM	2:24.17		<b>11-Oct-09</b>	WMH	Ryan Spencer WA Record
	400 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record
30-34	50 Free	25.33	*	<b>30-Apr-11</b>	WMH	Ryan Spencer Ryan Spencer at Masters Swimming Australia National Champ
	50 Free	25.33	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	100 Free	56.45	*	<b>30-Apr-11</b>	WMH	Spencer WA Record Ryan Spencer at Masters Swimming Australia National
	100 Free	56.45	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	200 Free	2:48.22		<b>31-Dec-00</b>	WMH	Brad Wardrope
	400 Free	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Free	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	1500 Free	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	50 Back	31.47	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	50 Back	31.47	*	<b>28-Apr-11</b>	WMH	Ryan Spencer Ryan Spencer at Masters Swimming Australia National Champ
	100 Back	1:08.49	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	100 Back	1:08.49	*	<b>26-Apr-11</b>	WMH	Ryan Spencer Ryan Spencer at Masters Swimming Australia National Champ
	200 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	400 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	1500 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	50 Breast	31.80	*	<b>29-Apr-11</b>	WMH	Spencer WA Record Ryan Spencer at Masters Swimming Australia National
	50 Breast	31.80	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	100 Breast	1:08.89	*	<b>28-Apr-11</b>	WMH	Spencer WA Record Ryan Spencer at Masters Swimming Australia National
	100 Breast	1:08.89	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	200 Breast	2:29.90	*	<b>26-Apr-11</b>	WMH	er National Record Ryan Spencer at Masters Swimming Australia National C
	200 Breast	2:29.90	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	400 Breast	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Breast	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	1500 Breast	60:00.00		<b>1-Jan-01</b>	WMH	No Record

## Mandurah Masters Swimming

### RECORDS Long Course

30-34	50 Fly	27.49	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	50 Fly	27.49	*	<b>22-Apr-12</b>	WMH	Spencer WA Record Ryan Spencer at Masters Swimming Australia National
	100 Fly	1:00.18	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	100 Fly	1:00.18	*	<b>29-Apr-11</b>	WMH	Spencer WA Record Ryan Spencer at Masters Swimming Australia National
	200 Fly	2:28.59	*	<b>28-Apr-11</b>	WMH	Spencer WA Record Ryan Spencer at Masters Swimming Australia National
	200 Fly	2:28.59	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	400 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200 IM	2:19.28	*	<b>29-Apr-11</b>	WMH	Spencer WA Record Ryan Spencer at Masters Swimming Australia National
	200 IM	2:19.28	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	400 IM	5:04.60	*	<b>26-Apr-11</b>	WMH	Ryan Spencer at Masters Swimming Australia National Champions
	400 IM	5:04.60	*	<b>27-Apr-11</b>	WMH	Spencer WA Record Ryan Spencer at Masters Swimming Australia National
	800 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record
35-39	50 Free	26.13	*	<b>17-Apr-16</b>	WMH	Ryan Spencer at Melville LiveLighter Club Challenge 2016
	50 Free	26.13	*	<b>17-Apr-16</b>	WMH	Ryan Spencer Ryan Spencer at Melville LiveLighter Club Challenge 2016
	100 Free	57.17		<b>29-Apr-17</b>	WMH	Anwar Moreno at Masters Swimming WA State Championships
	200 Free	2:07.43		<b>19-Apr-18</b>	WMH	Anwar Moreno 2018 National Championships HBF Stadium Perth
	400 Free	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Free	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	1500 Free	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	50 Back	30.94		<b>18-Apr-18</b>	WMH	Anwar Moreno 2018 National Championships HBF Stadium Perth
	100 Back	1:07.75		<b>29-Apr-17</b>	WMH	Anwar Moreno at Masters Swimming WA State Championships
	200 Back	2:28.78	*	<b>18-Sep-16</b>	WMH	Anwar Moreno at Stadium Masters Livelighter Club Challenge
	200 Back	2:28.78	*	<b>18-Sep-16</b>	WMH	nwar Moreno WA Record Anwar Moreno at Stadium Masters Livelighter Clu
	400 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	1500 Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	50 Breast	32.36	*	<b>24-May-14</b>	WMH	Matthew Brehaut at Masters Swimming WA State Championships
	50 Breast	32.36	*	<b>25-May-14</b>	WMH	hew Brehaut WA Record Matthew Brehaut at Masters Swimming WA State C
	100 Breast	1:12.98	*	<b>14-Sep-14</b>	WMH	rehaut WA Record Matthew Brehaut at Stadium Snappers Live Lighter Club
	100 Breast	1:12.98	*	<b>14-Sep-14</b>	WMH	Matthew Brehaut at Stadium Snappers Live Lighter Club Challenge
	200 Breast	2:52.34	*	<b>25-May-14</b>	WMH	hew Brehaut WA Record Matthew Brehaut at Masters Swimming WA State C
	200 Breast	2:52.34	*	<b>24-May-14</b>	WMH	Matthew Brehaut at Masters Swimming WA State Championships
	400 Breast	8:55.61		<b>6-Aug-05</b>	WMH	Adam Lindsay 2005 WA Time Trials
	800 Breast	18:23.45		<b>6-Aug-05</b>	WMH	Adam Lindsay
	1350 Breast	30:00.00		<b>6-Aug-05</b>	WMH	Adam Lindsay
	1500 Breast	34:55.89		<b>9-Aug-05</b>	WMH	Adam Lindsay
	50 Fly	27.77	*	<b>25-May-14</b>	WMH	Matthew Brehaut Matthew Brehaut at Masters Swimming WA State Champi
	50 Fly	27.77	*	<b>24-May-14</b>	WMH	Matthew Brehaut at Masters Swimming WA State Championships
	100 Fly	1:03.99	*	<b>17-Apr-16</b>	WMH	Ryan Spencer at Melville LiveLighter Club Challenge 2016
	100 Fly	1:03.99	*	<b>17-Apr-16</b>	WMH	Ryan Spencer WA Record Ryan Spencer at Melville LiveLighter Club Challen
	200 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	400 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200 IM	2:34.14		<b>8-Apr-18</b>	WMH	Anwar Moreno at Melville LiveLighter Club Challenge 2018
	400 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record
800 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record	
40-44	50 Free	28.54		<b>31-Dec-99</b>	WMH	Phil Clews
	100 Free	1:02.47		<b>31-Dec-99</b>	WMH	Phil Clews
	200 Free	3:16.80		<b>31-Dec-06</b>	WMH	Trent Lymn 2006 WA Time Trials
	400 Free	5:58.62		<b>31-Dec-03</b>	WMH	Mike Slavin 2003 Top Ten
	800 Free	19:21.13		<b>3-Dec-06</b>	WMH	Adam Lindsay 2006 WA Aerobics
	1500 Free	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	50 Back	38.50	*	<b>3-Apr-11</b>	WMH	John Cahill at Melville BACC 2011

## Mandurah Masters Swimming

### RECORDS Long Course

40-44	50	Back	38.50	*	<b>3-Apr-11</b>	WMH	John Cahill John Cahill at Melville BACC 2011
	100	Back	1:26.29		<b>26-Apr-11</b>	WMH	John Cahill
	200	Back	3:13.22	*	<b>26-Apr-11</b>	WMH	John Cahill at Masters Swimming Australia National Champions
	200	Back	3:13.22	*	<b>27-Apr-11</b>	WMH	John Cahill John Cahill at Masters Swimming Australia National Champions
	400	Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800	Back	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	1500	Back	22:31.77	*	<b>15-May-21</b>	WMH	ino Stadium 1500 Anwar Moreno at Stadium Masters Livelighter 15
	1500	Back	22:31.77	*	<b>15-May-21</b>	WMH	Anwar Moreno at Stadium Masters Livelighter 15
	50	Breast	42.99	*	<b>3-Apr-11</b>	WMH	John Cahill John Cahill at Melville BACC 2011
	50	Breast	42.99	*	<b>3-Apr-11</b>	WMH	John Cahill at Melville BACC 2011
	100	Breast	1:51.53		<b>22-Oct-06</b>	WMH	Adam Lindsay 2006 WFR Interclub
	200	Breast	4:07.52		<b>31-Dec-99</b>	WMH	Allan Wiseman
	400	Breast	9:00.22		<b>25-Jun-06</b>	WMH	Adam Lindsay 2006 WA Aerobics
	800	Breast	18:43.96		<b>17-Dec-06</b>	WMH	Adam Lindsay
	1225	Breast	30:00.00		<b>16-Jul-06</b>	WMH	Adam Lindsay
	1500	Breast	36:09.70		<b>1-Oct-06</b>	WMH	Adam Lindsay
	50	Fly	38.82	*	<b>26-Apr-11</b>	WMH	John Cahill John Cahill at Masters Swimming Australia National Champions
	50	Fly	38.82	*	<b>26-Apr-11</b>	WMH	John Cahill at Masters Swimming Australia National Champions
	100	Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200	Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	400	Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800	Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200	IM	3:13.82	*	<b>11-Sep-11</b>	WMH	John Cahill John Cahill at Stadium Snappers BACC 11 Sep 2011
	200	IM	3:13.82	*	<b>11-Sep-11</b>	WMH	John Cahill at Stadium Snappers BACC 11 Sep 2011
	400	IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800	IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record
45-49	50	Free	28.08		<b>31-Dec-00</b>	WMH	Phil Clews 2000 Top Ten
	100	Free	1:02.02		<b>31-Dec-00</b>	WMH	Phil Clews
	200	Free	2:41.51		<b>19-Apr-08</b>	WMH	Geoffrey Clancy 2008 FINA International
	400	Free	6:16.35		<b>18-Oct-15</b>	WMH	John Cahill 2015 WA Aerobics
	800	Free	13:09.11		<b>31-Dec-16</b>	WMH	John Cahill 2016 WA Time Trials
	1500	Free	24:40.96		<b>4-Dec-16</b>	WMH	John Cahill 2016 Aerobics
	50	Back	37.15	*	<b>25-May-13</b>	WMH	John Cahill at Masters Swimming WA State Championships
	50	Back	37.15	*	<b>26-May-13</b>	WMH	John Cahill John Cahill at Masters Swimming WA State Championships
	100	Back	1:22.89	*	<b>25-May-13</b>	WMH	John Cahill John Cahill at Masters Swimming WA State Championships
	100	Back	1:22.89	*	<b>25-May-13</b>	WMH	John Cahill at Masters Swimming WA State Championships
	200	Back	3:01.43	*	<b>25-May-13</b>	WMH	John Cahill at Masters Swimming WA State Championships
	200	Back	3:01.43	*	<b>26-May-13</b>	WMH	John Cahill John Cahill at Masters Swimming WA State Championships
	400	Back	6:33.79		<b>8-May-16</b>	WMH	John Cahill
	800	Back	14:28.02		<b>22-May-16</b>	WMH	John Cahill at MARC Endurance Swim
	1500	Back	26:55.81		<b>29-May-16</b>	WMH	John Cahill at MARC Endurance Swim
	1650	Back	30:00.00		<b>26-Jun-16</b>	WMH	John Cahill at MARC Endurance Swim
	50	Breast	35.31		<b>25-Oct-09</b>	WMH	Jeff Rimmer
	100	Breast	1:33.79		<b>15-May-05</b>	WMH	Stephen Pringle 2005 WA State
	200	Breast	3:30.48		<b>14-May-05</b>	WMH	Steve Pringle
	400	Breast	8:27.72		<b>27-Feb-22</b>	WMH	Patrick Brown MARC Vorgee
	800	Breast	15:36.77		<b>10-Jul-16</b>	WMH	John Cahill at MARC Endurance Swim
	1500	Breast	29:34.01		<b>4-Dec-16</b>	WMH	John Cahill
	50	Fly	31.53		<b>25-Oct-09</b>	WMH	Jeff Rimmer
	100	Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200	Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	400	Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800	Fly	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	200	IM	3:05.42	*	<b>25-May-13</b>	WMH	John Cahill at Masters Swimming WA State Championships
	200	IM	3:05.42	*	<b>25-May-13</b>	WMH	John Cahill John Cahill at Masters Swimming WA State Championships

## Mandurah Masters Swimming

### RECORDS Long Course

45-49	400 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record
	800 IM	60:00.00		<b>1-Jan-01</b>	WMH	No Record
50-54	50 Free	28.70	*	<b>24-May-14</b>	WMH	Simon Lyons at Masters Swimming WA State Championships
	50 Free	28.70	*	<b>24-May-14</b>	WMH	Simon Lyons Simon Lyons at Masters Swimming WA State Championships
	100 Free	1:05.46	*	<b>3-Apr-11</b>	WMH	Jeff Rimmer at Melville BACC 2011
	100 Free	1:05.46	*	<b>3-Apr-11</b>	WMH	Jeff Rimmer Jeff Rimmer at Melville BACC 2011
	200 Free	2:47.10		<b>27-Oct-19</b>	WMH	John Cahill at Fremantle Masters LLCC 2019
	400 Free	5:59.29		<b>18-Apr-18</b>	WMH	John Cahill 2018 National Championships HBF Stadium Perth
	800 Free	12:34.50		<b>14-Jan-18</b>	WMH	John Cahill @ MARC Endurance
	1500 Free	24:39.82		<b>13-Oct-19</b>	WMH	John Cahill at MARC Endurance swim
	1800 Free	30:00.00		<b>13-Oct-19</b>	WMH	John Cahill @ MARC Endurance swim
	2675 Free	45:00.00		<b>13-Oct-19</b>	WMH	John Cahill @ MARC Endurance swim
	3000 Free	50:12.92		<b>13-Oct-19</b>	WMH	John Cahill @ MARC Endurance swim
	3550 Free	60:00.00		<b>13-Oct-19</b>	WMH	John Cahill @ MARC Endurance swim
	50 Back	33.34	*	<b>20-Sep-15</b>	WMH	Simon Lyons Simon Lyons at Stadium Masters LL Club Challenge 2015
	50 Back	33.34	*	<b>20-Sep-15</b>	WMH	Simon Lyons at Stadium Masters LL Club Challenge 2015
	100 Back	1:15.11	*	<b>20-Sep-15</b>	WMH	Simon Lyons at Stadium Masters LL Club Challenge 2015
	100 Back	1:15.11	*	<b>20-Sep-15</b>	WMH	Simon Lyons Simon Lyons at Stadium Masters LL Club Challenge 2015
	200 Back	2:51.36	*	<b>20-Sep-15</b>	WMH	Simon Lyons at Stadium Masters LL Club Challenge 2015
	200 Back	2:51.36	*	<b>20-Sep-15</b>	WMH	Simon Lyons Simon Lyons at Stadium Masters LL Club Challenge 2015
	400 Back	7:00.21		<b>31-Dec-95</b>	WMH	Graeme McAuslane
	800 Back	14:47.49	*	<b>1-Jan-17</b>	WMH	John Cahill at 2017 Mandurah Aerobic Long Course
	800 Back	14:47.49	*	<b>11-Jun-17</b>	WMH	n Cahill at MARC Endurance swim John Cahill at 2017 Mandurah Aerobic Lo
	1500 Back	27:41.89	*	<b>1-Jan-17</b>	WMH	John Cahill at 2017 Mandurah Aerobic Long Course
	1500 Back	27:41.89	*	<b>7-May-17</b>	WMH	n Cahill at MARC Endurance swim John Cahill at 2017 Mandurah Aerobic Lo
	1600 Back	30:00.00		<b>13-Aug-17</b>	WMH	John Cahill at MARC Endurance swim
	50 Breast	35.11	*	<b>26-Apr-11</b>	WMH	Jeff Rimmer at Masters Swimming Australia National Champions
	50 Breast	35.11	*	<b>29-Apr-11</b>	WMH	Jeff Rimmer Jeff Rimmer at Masters Swimming Australia National Champior
	100 Breast	1:23.05	*	<b>3-Apr-11</b>	WMH	Jeff Rimmer Jeff Rimmer at Melville BACC 2011
	100 Breast	1:23.05	*	<b>3-Apr-11</b>	WMH	Jeff Rimmer at Melville BACC 2011
	200 Breast	3:10.69	*	<b>24-Oct-10</b>	WMH	Jeff Rimmer Jeff Rimmer at Fremantle BACC 24th October 2010
	200 Breast	3:10.69	*	<b>24-Oct-10</b>	WMH	Jeff Rimmer at Fremantle BACC 24th October 2010
	400 Breast	7:47.81	*	<b>12-Nov-17</b>	WMH	n Cahill at MARC Endurance swim John Cahill at 2017 Mandurah Aerobic Lo
	400 Breast	7:47.81	*	<b>1-Jan-17</b>	WMH	John Cahill at 2017 Mandurah Aerobic Long Course
	800 Breast	15:52.39		<b>31-Dec-17</b>	WMH	John Cahill 2017 WA Time Trials
	1450 Breast	30:00.00		<b>23-Jul-17</b>	WMH	John Cahill at MARC Endurance swim
	1500 Breast	30:14.72	*	<b>1-Jan-17</b>	WMH	John Cahill at 2017 Mandurah Aerobic Long Course
1500 Breast	30:14.72	*	<b>6-Aug-17</b>	WMH	n Cahill at MARC Endurance swim John Cahill at 2017 Mandurah Aerobic Lo	
50 Fly	31.22	*	<b>25-May-14</b>	WMH	Simon Lyons Simon Lyons at Masters Swimming WA State Championships	
50 Fly	31.22	*	<b>24-May-14</b>	WMH	Simon Lyons at Masters Swimming WA State Championships	
100 Fly	1:47.30		<b>19-Apr-18</b>	WMH	John Cahill 2018 Nationals Perth	
200 Fly	6:00.00		<b>1-Jan-01</b>	WMH	No Record	
400 Fly	6:00.00		<b>1-Jan-01</b>	WMH	No Record	
800 Fly	6:00.00		<b>1-Jan-01</b>	WMH	No Record	
200 IM	2:50.36	*	<b>5-Sep-15</b>	WMH	Simon Lyons at Bunbury Skins 2015	
200 IM	2:50.36	*	<b>5-Sep-15</b>	WMH	Simon Lyons Simon Lyons at Bunbury Skins 2015	
400 IM	7:27.73		<b>19-Apr-18</b>	WMH	John Cahill 2018 Nationals Perth	
800 IM	6:00.00		<b>1-Jan-01</b>	WMH	No Record	
55-59	50 Free	28.11		<b>29-Apr-17</b>	WMH	Simon Lyons at Masters Swimming WA State Championships
	100 Free	1:05.45		<b>18-Apr-18</b>	WMH	Lindsay Wiland 2018 National Championships HBF Stadium Perth
	200 Free	2:28.18		<b>19-Apr-18</b>	WMH	Lindsay Wiland 2018 National Championships HBF Stadium Perth
	400 Free	6:14.91		<b>3-May-18</b>	WMH	Joel Lewis @ MARC Endurance
	800 Free	14:15.95		<b>25-Aug-11</b>	WMH	Wayne Cable
1500 Free	28:01.65		<b>31-Dec-02</b>	WMH	Ken Philips 2002 TopTen	

## Mandurah Masters Swimming

## RECORDS Long Course

55-59	50	Back	33.39	<b>18-Apr-18</b>	WMH	Simon Lyons	2018 National Championships HBF Stadium Perth
	100	Back	1:16.26 *	<b>17-Apr-16</b>	WMH	Simon Lyons	WA Record Simon Lyons at Melville LiveLighter Club Challenge
	100	Back	1:16.26 *	<b>17-Apr-16</b>	WMH	Simon Lyons	at Melville LiveLighter Club Challenge 2016
	200	Back	3:13.46	<b>15-Oct-16</b>	WMH	Simon Lyons	at Masters Swimming WA All Club Challenge
	400	Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800	Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	1500	Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	50	Breast	37.12	<b>29-Apr-17</b>	WMH	Jeff Rimmer	at Masters Swimming WA State Championships
	100	Breast	1:26.03	<b>29-Apr-17</b>	WMH	Jeff Rimmer	at Masters Swimming WA State Championships
	200	Breast	3:39.61 *	<b>26-Apr-11</b>	WMH	Haydn Brimson	at Masters Swimming Australia National Champions
	200	Breast	3:39.61 *	<b>26-Apr-11</b>	WMH	Haydn Brimson	Haydn Brimson at Masters Swimming Australia National Ch
	400	Breast	8:04.16	<b>2-Oct-11</b>	WMH	Haydn Brimson	
	800	Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	1500	Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	50	Fly	29.98	<b>29-Apr-17</b>	WMH	Simon Lyons	at Masters Swimming WA State Championships
	100	Fly	1:13.03	<b>20-Apr-18</b>	WMH	Simon Lyons	2018 National Championships HBF Stadium Perth
	200	Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400	Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800	Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200	IM	3:09.75	<b>15-Oct-16</b>	WMH	Simon Lyons	at Masters Swimming WA All Club Challenge
	400	IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800	IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
60-64	50	Free	31.34 *	<b>7-Apr-13</b>	WMH	Ted Thompson	Edward Thompson at Melville Live Lighter Club Challenge 21
	50	Free	31.34 *	<b>7-Apr-13</b>	WMH	Edward Thompson	at Melville Live Lighter Club Challenge 2013
	100	Free	1:10.89 *	<b>7-Apr-13</b>	WMH	Edward Thompson	at Melville Live Lighter Club Challenge 2013
	100	Free	1:10.89 *	<b>31-Dec-13</b>	WMH	Ted Thompson	Edward Thompson at Melville Live Lighter Club Challenge 21
	200	Free	2:41.52 *	<b>3-Feb-13</b>	WMH	Edward Thompson	at Newman Churchlands Interclub 2013
	200	Free	2:41.52 *	<b>3-Feb-13</b>	WMH		at Newman Pool Edward Thompson at Newman Churchlands Intercl
	400	Free	6:28.32	<b>18-Jun-23</b>	WMH	Joel Lewis	at Riverton 400/800 Meet
	800	Free	13:03.78	<b>18-Jun-23</b>	WMH	Joel Lewis	at Riverton 400/800 Meet
	1500	Free	27:15.76	<b>30-May-21</b>	WMH	Bill Knight	MARC Vorgee
	1575	Free	30:00.00	<b>27-Aug-17</b>	WMH	Wayne Cable	at MARC Endurance swim
	50	Back	39.41 *	<b>17-Apr-16</b>	WMH	Mike Bennett	Michael Bennett at Melville LiveLighter Club Challenge 2016
	50	Back	39.41 *	<b>17-Apr-16</b>	WMH	Michael Bennett	at Melville LiveLighter Club Challenge 2016
	100	Back	1:33.04	<b>29-Apr-17</b>	WMH	Michael Bennett	at Masters Swimming WA State Championships
	200	Back	3:24.47	<b>29-Apr-17</b>	WMH	Michael Bennett	at Masters Swimming WA State Championships
	400	Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800	Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	1500	Back	30:39.87	<b>30-Sep-07</b>	WMH	Kirk Bamford	2007 WA Aerobics
	50	Breast	40.23 *	<b>22-Sep-13</b>	WMH	Mike Bennett	Michael Bennett at Stadium Snappers LLCC 2013
	50	Breast	40.23 *	<b>22-Sep-13</b>	WMH	Michael Bennett	at Stadium Snappers LLCC 2013
	100	Breast	1:31.46 *	<b>6-Apr-16</b>	WMH	Mike Bennett	Michael Bennett at Melville Live Lighter Club Challenge 2014
	100	Breast	1:31.46 *	<b>6-Apr-14</b>	WMH	Michael Bennett	at Melville Live Lighter Club Challenge 2014
	200	Breast	3:22.02 *	<b>20-Oct-13</b>	WMH	Michael Bennett	at Freo Fins and Bayview Saints LLCS 20th Oct
	200	Breast	3:22.02 *	<b>20-Oct-13</b>	WMH	Mike Bennett	Michael Bennett at Freo Fins and Bayview Saints LLCS 20th Oct
	400	Breast	7:34.91 *	<b>9-Jul-17</b>	WMH	nett	at MARC Endurance swim Michael Bennett at 2017 Mandurah Aerobic I
	400	Breast	7:34.91 *	<b>1-Jan-17</b>	WMH	Michael Bennett	at 2017 Mandurah Aerobic Long Course
	800	Breast	15:33.11	<b>31-Jan-16</b>	WMH	Mike Bennett	
	1450	Breast	30:00.00	<b>18-Nov-12</b>	WMH	Haydn Brimson	
	1500	Breast	29:26.33 *	<b>6-Aug-17</b>	WMH	nett	at MARC Endurance swim Michael Bennett at 2017 Mandurah Aerobic I
	1500	Breast	29:26.33 *	<b>1-Jan-17</b>	WMH	Michael Bennett	at 2017 Mandurah Aerobic Long Course
	50	Fly	38.58 *	<b>18-Mar-16</b>	WMH	Michael Bennett	at Beatty Park LL50s 2016
	50	Fly	38.58 *	<b>18-Mar-16</b>	WMH	Mike Bennett	Michael Bennett at Beatty Park LL50s 2016
	100	Fly	1:39.63	<b>31-Dec-02</b>	WMH	Ivan Wingate	
	200	Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Recor	

## Mandurah Masters Swimming

### RECORDS Long Course

60-64	400 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	800 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 IM	3:28.00	<b>20-Jul-08</b>	WMH	Kirk Bamford at Belmont Oasis
	400 IM	7:21.33	<b>31-Dec-02</b>	WMH	Ivan Wingate
	800 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record
65-69	50 Free	33.27	* <b>3-Feb-13</b>	WMH	Graeme McAuslane at Newman Churchlands Interclub 2013
	50 Free	33.27	* <b>3-Feb-13</b>	WMH	Graeme McAuslane Graeme McAuslane at Newman Churchlands Interclub 2
	100 Free	1:17.80	* <b>11-Apr-10</b>	WMH	Graeme McAuslane Graeme McAuslane at Melville BACC
	100 Free	1:17.80	* <b>11-Apr-10</b>	WMH	Graeme McAuslane at Melville BACC
	200 Free	2:56.92	<b>28-Jul-19</b>	WMH	Michael Bennett at Riverton LLCC
	400 Free	6:46.31	<b>25-Jun-06</b>	WMH	Ivan Wingate
	800 Free	13:03.13	<b>31-Dec-03</b>	WMH	Ivan Wingate
	1400 Free	30:00.00	<b>1-Feb-15</b>	WMH	Kirk Bamford
	1500 Free	28:23.79	* <b>1-Jan-17</b>	WMH	Steven Crake at 2017 Mandurah Aerobic Long Course
	1500 Free	28:23.79	* <b>30-Apr-17</b>	WMH	e Crake at MARC Endurance swim Steven Crake at 2017 Mandurah Aerobic I
	2100 Free	45:00.00	<b>8-Oct-22</b>	WMH	Wayne Cable MARC Vorgee
	50 Back	40.50	<b>18-Apr-18</b>	WMH- WA	Michael Bennett 2018 National Championships HBF Stadium Perth
	100 Back	1:34.58	<b>2-Apr-22</b>	WMH	Michael Bennett at Masters Swimming WA State Championships
	200 Back	3:29.92	<b>5-May-19</b>	WMH	Michael Bennett at StadiumMasters LiveLighter ClubChallenge 2019
	400 Back	7:34.71	<b>10-Apr-22</b>	WMH	Michael Bennett MARC Vorgee
	800 Back	16:24.63	<b>29-Jun-14</b>	MWH	Kirk Bamford
	1500 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	50 Breast	41.63	<b>8-Apr-18</b>	WMH	Michael Bennett at Melville LiveLighter Club Challenge 2018
	100 Breast	1:36.78	<b>5-May-19</b>	WMH	Michael Bennett at StadiumMasters LiveLighter ClubChallenge 2019
	200 Breast	3:35.75	* <b>25-May-19</b>	WMH	State Championships Michael Bennett at LiveLighter MSWA State LC Cham
	200 Breast	3:35.75	* <b>25-May-19</b>	WMH	Michael Bennett at LiveLighter MSWA State LC Championships
	400 Breast	7:44.14	<b>10-Jun-18</b>	WMH	Mike Bennett @MARC Endurance
	800 Breast	15:52.69	<b>1-Jul-18</b>	WMH	Michael Bennett at CCC 2018 - Long Course
	1500 Breast	30:33.49	<b>9-Sep-18</b>	WMH	Mike Bennett 2018 Country Correspondence
	2075 Breast	45:00.00	<b>31-Dec-11</b>	WMH	Kirk Bamford
	50 Fly	38.61	<b>8-Apr-18</b>	WMH	Michael Bennett at Melville LiveLighter Club Challenge 2018
	100 Fly	1:32.24	<b>20-May-18</b>	WMH	Michael Bennett at Stadium Masters LLCC 2018
	200 Fly	3:34.88	<b>23-Apr-03</b>	WMH	Ivan Wingate
	400 Fly	10:37.18	<b>4-May-14</b>	WMH	Kirk Bamford
	800 Fly	22:30.77	<b>29-Jun-14</b>	WMH	Kirk Bamford
	200 IM	3:20.35	<b>20-May-18</b>	WMH	Michael Bennett at Stadium Masters LLCC 2018
	400 IM	7:12.42	<b>24-Apr-03</b>	WMH	Ivan Wingate
	800 IM	15:51.74	<b>4-Jun-06</b>	WMH	Ivan Wingate
70-74	50 Free	32.56	<b>1-Mar-99</b>	WMH	Rod Baker
	100 Free	1:14.20	<b>1-Mar-99</b>	WMH	Rod Baker
	200 Free	2:54.18	<b>31-Dec-99</b>	WMH	Rod Baker
	400 Free	7:27.38	<b>11-Oct-08</b>	WMH	Ivan Wingate
	800 Free	15:33.86	<b>18-Jun-23</b>	WMH	Wayne Cable at Riverton 400/800 Meet
	1500 Free	32:52.81	* <b>6-Aug-17</b>	WMH	Jacklin at MARC Endurance swim Paul Jacklin at 2017 Mandurah Aerobic Lo
	1500 Free	32:52.81	* <b>1-Jan-17</b>	WMH	Paul Jacklin at 2017 Mandurah Aerobic Long Course
	50 Back	42.38	<b>19-Feb-23</b>	WMH	Michael Bennett at Newman Churchlands ABC CC 2023
	100 Back	1:42.87	<b>17-Apr-16</b>	WMH	Kirk Bamford at Melville LiveLighter Club Challenge 2016
	200 Back	3:38.41	<b>29-Apr-17</b>	WMH	Kirk Bamford at Masters Swimming WA State Championships
	400 Back	7:40.96	<b>10-Jan-16</b>	WMH	Kirk Bamford at MARC Endurance Swim
	800 Back	15:52.97	<b>24-Jan-16</b>	WMH	Kirk Bamford at MARC Endurance Swim
	1475 Back	30:00.00	<b>25-Jun-16</b>	WMH	Kirk Bamford at MARC Endurance Swim
	1500 Back	30:51.52	<b>15-May-16</b>	WMH	Kirk Bamford at MARC Endurance Swim
	2245 Back	45:00.00	<b>3-Dec-17</b>	WMH	Kirk Bamford
	50 Breast	41.90	<b>16-Jul-23</b>	WMH	Alan Lude at Riverton ABC

## Mandurah Masters Swimming

### RECORDS Long Course

70-74	100	Breast	1:37.19	<b>19-Feb-23</b>	WMH	Michael Bennett at Newman Churchlands ABC CC 2023	
	200	Breast	3:32.84	<b>6-May-23</b>	WMH	Michael Bennett at Masters Swimming WA State Championships	
	400	Breast	7:35.66	<b>18-Jun-23</b>	WMH	Michael Bennett at Riverton 400/800 Meet	
	800	Breast	15:39.15	<b>18-Jun-23</b>	WMH	Michael Bennett at Riverton 400/800 Meet	
	1325	Breast	30:00.00	<b>12-Jun-16</b>	WMH	Kirk Bamford at MARC Endurance Swim	
	1500	Breast	32:52.03	* <b>1-Jan-17</b>	WMH	Kirk Bamford at 2017 Mandurah Aerobic Long Course	
	1500	Breast	32:52.03	* <b>7-May-17</b>	WMH	Bamford at MARC Endurance Swim Kirk Bamford at 2017 Mandurah Aerobi	
	50	Fly	37.90	<b>26-Mar-23</b>	WMH	Alan Lude at 2023 ABCC Fremantle Club Carni	
	100	Fly	1:47.84	<b>20-Apr-08</b>	WMH	Ivan Wingate	
	200	Fly	3:54.94	<b>22-Apr-08</b>	WMH	Ivan Wingate	
	400	Fly	10:02.60	<b>22-May-16</b>	WMH	Kirk Bamford at MARC Endurance Swim	
	800	Fly	22:25.65	* <b>14-May-17</b>	WMH	Bamford at MARC Endurance Swim Kirk Bamford at 2017 Mandurah Aerobi	
	800	Fly	22:25.65	* <b>1-Jan-17</b>	WMH	Kirk Bamford at 2017 Mandurah Aerobic Long Course	
	200	IM	3:42.63	<b>18-Sep-16</b>	WMH	Kirk Bamford at Stadium Masters Livelighter Club Challenge	
	400	IM	7:48.51	<b>5-Jun-16</b>	WMH	Kirk Bamford at MARC Endurance Swim	
	800	IM	17:27.70	* <b>19-Feb-17</b>	WMH	Bamford at MARC Endurance Swim Kirk Bamford at 2017 Mandurah Aerobi	
	800	IM	17:27.70	* <b>1-Jan-17</b>	WMH	Kirk Bamford at 2017 Mandurah Aerobic Long Course	
	75-79	50	Free	33.40	<b>31-Dec-03</b>	WMH	Rod Baker WA Record
		100	Free	1:15.19	<b>24-Apr-03</b>	WMH	Rod Baker WA Record
		200	Free	2:54.11	<b>31-Dec-03</b>	WMH	Rod Baker WA Record
400		Free	6:25.02	<b>26-Apr-03</b>	WMH	Rod Baker WA Record	
800		Free	13:13.53	<b>23-Apr-03</b>	WMH	Rod Baker WA Record	
1375		Free	30:00.00	<b>1-Oct-22</b>	WMH	Paul Jacklin MARC Vorgee	
1500		Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
1825		Free	45:00.00	<b>9-Jan-22</b>	WMH	Paul Jacklin MARC Vorgee	
50		Back	42.71	<b>26-Apr-03</b>	WMH	Rod Baker WA Record	
100		Back	1:43.77	<b>25-Apr-03</b>	WMH	Rod Baker	
200		Back	3:48.12	<b>23-Oct-05</b>	WMH	Rod Baker	
400		Back	8:13.61	* <b>20-Jun-21</b>	WMH	Bamford Riverton 400/800 Kirk Bamford at Riverton 400/800 Me	
400		Back	8:13.61	* <b>20-Jun-21</b>	WMH	Kirk Bamford at Riverton 400/800 Meet	
800		Back	16:54.37	<b>15-May-21</b>	WMH- WA	Kirk Bamford Stadium 1500	
1400		Back	30:00.00	<b>9-Jan-22</b>	WMH	Kirk Bamford MARC Vorgee	
1500		Back	32:00.82	* <b>15-May-21</b>	WMH	Kirk Bamford at Stadium Masters Livelighter 15	
1500		Back	32:00.82	* <b>15-May-21</b>	WMH- WA	ord Stadium 1500 Kirk Bamford at Stadium Masters Livelighter 15	
50		Breast	47.03	<b>24-Oct-21</b>	WMH	Kirk Bamford at Stadium Masters LLCC 2021	
100		Breast	1:49.60	<b>21-Feb-21</b>	WMH	Kirk Bamford at Newman Churchlands LLCC Meet 2021	
200		Breast	4:06.69	<b>24-Oct-21</b>	WMH	Kirk Bamford at Masters SwimmiStadium Masters	
400		Breast	8:56.50	<b>18-Apr-21</b>	WMH	Kirk Bamford MARC Vorgee	
800		Breast	18:22.21	<b>9-May-21</b>	WMH	Kirk Bamford MARC Vorgee	
1275		Breast	30:00.00	<b>16-Jan-22</b>	WMH	Kirk Bamford MARC Vorgee	
1500		Breast	35:01.22	<b>23-May-21</b>	WMH	Kirk Bamford MARC Vorgee	
50		Fly	53.26	<b>21-Feb-21</b>	WMH	Kirk Bamford at Newman Churchlands LLCC Meet 2021	
100		Fly	1:58.05	* <b>25-May-13</b>	WMH	Ivan Wingate at Masters Swimming WA State Championships	
100		Fly	1:58.05	* <b>25-May-13</b>	WMH	Ivan Wingate WA Record Ivan Wingate at Masters Swimming WA State Chan	
200		Fly	4:19.78	* <b>25-May-13</b>	WMH	Ivan Wingate at Masters Swimming WA State Championships	
200		Fly	4:19.78	* <b>26-May-13</b>	WMH	Ivan Wingate WA Record Ivan Wingate at Masters Swimming WA State Chan	
400		Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
800		Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
200		IM	3:53.61	* <b>25-May-13</b>	WMH	Ivan Wingate at Masters Swimming WA State Championships	
200		IM	3:53.61	* <b>25-May-13</b>	WMH	Ivan Wingate Ivan Wingate at Masters Swimming WA State Championships	
400		IM	8:54.62	<b>16-May-21</b>	WMH	Kirk Bamford MARC Vorgee	
800		IM	19:42.96	* <b>31-Aug-14</b>	WMH	Ivan Wingate at Riverton 400/800	
800		IM	19:42.96	* <b>31-Aug-14</b>	WMH	Ivan Wingate WA Record Ivan Wingate at Riverton 400/800	
80-84		50	Free	34.97	<b>24-Apr-08</b>	WMH	Rod Baker WA Record



## Mandurah Masters Swimming

### RECORDS Long Course

80-84	100	Free	1:18.85	<b>18-Apr-08</b>	WMH	Rod Baker National Record	
	200	Free	3:04.08	<b>19-Apr-08</b>	WMH	Rod Baker National Record	
	400	Free	6:33.71	<b>23-Apr-08</b>	WMH	Rod Baker National Record	
	800	Free	13:39.76	<b>17-Apr-08</b>	WMH	Rod Baker National Record	
	1500	Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	50	Back	45.65	<b>5-Apr-09</b>	WMH	Rod Baker WA Record	
	100	Back	1:42.81	<b>16-May-09</b>	WMH	Rod Baker WA Record	
	200	Back	3:41.96	<b>5-Apr-09</b>	WMH	Rod Baker WA Record	
	400	Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800	Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	1500	Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	50	Breast	50.97	<b>6-Apr-08</b>	WMH	Rod Baker WA Record	
	100	Breast	2:03.08	<b>31-Dec-09</b>	WMH	Rod Baker WA Record	
	200	Breast	4:33.46	<b>6-May-23</b>	WMH	Richard Fox at Masters Swimming WA State Championships	
	400	Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800	Breast	19:48.48	<b>18-Jun-23</b>	WMH	Richard Fox at Riverton 400/800 Meet	
	1500	Breast	38:19.64	<b>13-May-23</b>	WMH	Richard Fox at Stadium Masters ABC 1500m	
	50	Fly	1:03.00	<b>20-May-18</b>	WMH	Ivan Wingate at Stadium Masters LLCC 2018	
	100	Fly	2:27.27	<b>20-Apr-18</b>	WMH	Ivan Wingate 2018 National Championships HBF Stadium Perth	
	200	Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	400	Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	800	Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	200	IM	4:44.74	<b>21-Apr-18</b>	WMH	Ivan Wingate 2018 National Championships HBF Stadium Perth	
	400	IM	10:03.15	<b>19-Apr-18</b>	WMH	Ivan Wingate 2018 National Championships HBF Stadium Perth	
	800	IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
	85-89	50	Free	36.62	* <b>17-Apr-13</b>	WMH	Rod Baker at MSA National Championships
		50	Free	36.62	* <b>17-Apr-13</b>	WMH	Rod Baker National Record Rod Baker at MSA National Championships
		100	Free	1:24.51	* <b>17-Apr-13</b>	WMH	Rod Baker at MSA National Championships
		100	Free	1:24.51	* <b>17-Apr-13</b>	WMH	Rod Baker National Record Rod Baker at MSA National Championships
		200	Free	3:17.18	* <b>17-Apr-13</b>	WMH	Rod Baker at MSA National Championships
200		Free	3:17.18	* <b>17-Apr-13</b>	WMH	Rod Baker National Record Rod Baker at MSA National Championships	
400		Free	7:02.33	* <b>17-Apr-13</b>	WMH	Rod Baker World Record Rod Baker at MSA National Championships	
400		Free	7:02.33	* <b>17-Apr-13</b>	WMH	Rod Baker at MSA National Championships	
800		Free	14:43.80	* <b>17-Apr-13</b>	WMH	Rod Baker National Record Rod Baker at MSA National Championships	
800		Free	14:43.80	* <b>17-Apr-13</b>	WMH	Rod Baker at MSA National Championships	
1500		Free	29:00.17	* <b>4-Aug-13</b>	WMH	Rod Baker at 2013 Somerset 1500m Event	
1500		Free	29:00.17	* <b>4-Aug-13</b>	WMH	Rod Baker National Record Rod Baker at 2013 Somerset 1500m Event	
50		Back	47.30	* <b>7-Apr-13</b>	WMH	Rod Baker at Melville Live Lighter Club Challenge 2013	
50		Back	47.30	* <b>7-Apr-13</b>	WMH	Rod Baker National Record Rod Baker at Melville Live Lighter Club Challenge	
100		Back	1:48.22	* <b>5-Apr-14</b>	WMH	Rod Baker National Record Rod Baker at Melville Live Lighter Club Challenge	
100		Back	1:48.22	* <b>6-Apr-14</b>	WMH	Rod Baker at Melville Live Lighter Club Challenge 2014	
200		Back	3:54.81	* <b>25-May-13</b>	WMH	Rod Baker at Masters Swimming WA State Championships	
200		Back	3:54.81	* <b>26-May-13</b>	WMH	Rod Baker National Record Rod Baker at Masters Swimming WA State Cham	
400		Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
800		Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
1500		Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
50		Breast	1:00.49	* <b>14-Sep-14</b>	WMH	Rod Baker WA Record Rod Baker at Stadium Snappers Live Lighter Club Cha	
50		Breast	1:00.49	* <b>14-Sep-14</b>	WMH	Rod Baker at Stadium Snappers Live Lighter Club Challenge	
100		Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
200		Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
400		Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
800		Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
1500		Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
50		Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	
100		Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record	

### Mandurah Masters Swimming

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#### RECORDS Long Course

85-89	200 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	400 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	800 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	400 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	800 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record
90-94	50 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	100 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	400 Free	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	50 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	100 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	400 Back	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	50 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	100 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	400 Breast	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	50 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	100 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 Fly	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	200 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record
	400 IM	60:00.00	<b>1-Jan-01</b>	WMH	No Record