



Mandurah Australia Day Swim

26 January 2020

Event Details



Department of
Local Government, Sport
and Cultural Industries

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1.0 INTRODUCTION

The 2020 Mandurah Australia Day Swim is run by Mandurah Masters Swimming Club Inc. and is to be held on Sunday the 26th January 2020.

The Event Plan shall be read in conjunction with the Safety Plan.

The Event will be conducted according to MSWA Local OWS Rules, utilising a course described below.

The Event offers the choice of four swim distances:

- A 250 m Alcoa Try It Swim, open to all swimmers from 8 years up.
- A 1 km Splash swim (one lap of the course), open to all swimmers from 11 years up.
- A 2 km Classic swim (two laps of the course), open to all swimmers from 12 years up.

2.0 VENUE & COURSE

The Venue & Course Maps (see Figure 2.1 and 2.2) show the location of the Mandurah Yacht Club for Registering, St John Ambulance 1st Aid Post, Briefing Area, Start lines, Course, In-water Finish and Recovery Zone.

Specifically, the course for the 1 km & 2 km swims is shown in Figure 2.1, while the course for the Alcoa 250 m Try It Swim is shown in Figure 2.2. Figure 2.3 shows the layout of the Registration & Presentation area at the Mandurah Yacht Club.

Both Course Maps will be on display on the Notice Board in the Registration Area prior to the Compulsory Briefing.

The course for each swim will be explained at the Compulsory Swim Briefings.

2.1 1 km & 2 km Swims

The Splash and Classic swims (1 km and 2 km) will commence at an in-water Start line located at the eastern end of the course, see Figure 2.1.

The 2 km Classic swim will start first, followed by the 1 km Splash swim.

Swimmers in the first wave (for the 2 km swim) will be requested to prepare to enter the water at 8:25 am and then requested to enter the water at 8:28am, ready for an 8:30 am start.

Each subsequent swim will start at two minute intervals thereafter.

The Event will have a designated time limit of 1:00 hour after the start of the last 2 km wave.

To monitor and ensure swimmers maintain the correct course, paddlers will be stationed around the course, at turning buoys and between the pink course buoys. However, paddlers are not to assist or interfere with any swimmer unless that swimmer indicates the need of assistance or is to be removed from the water, as directed by the Referee.

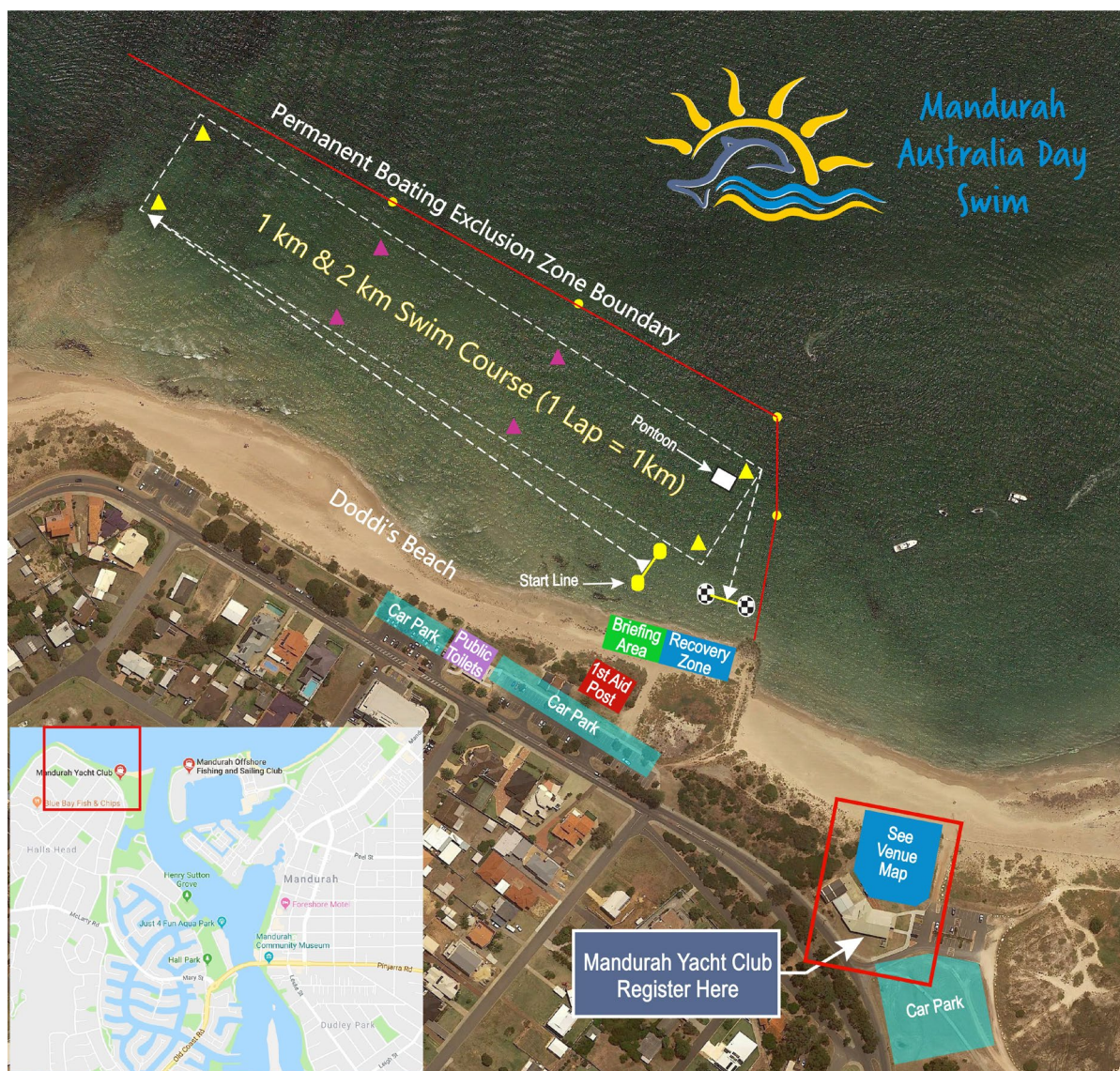


Figure 2.1 Venue and Course Map for 1 km and 2 km swims.

Course details are as follows:

1. The Start Line will be set between the Starter on the beach and Referee Jet Ski in the water located slightly west of the Finish Line.
2. Swimmers will go around the rectangular course in a clockwise direction keeping all buoys to their right.
3. Swimmers competing in the 1 km swim will complete 1 lap of the course.
4. Swimmers competing in the 2 km swim will complete 2 laps of the course.
5. The corners of the rectangular course are marked by four yellow Turn Buoys.
6. Two pink Course Buoys will be deployed and anchored mid-way along the two east-west legs of the rectangular course.
7. Swimmers should keep within the boating exclusion zone marked by the three yellow pencil buoys on the north side of the course.
8. After rounding the Final Turn Buoy on the last lap, swim toward the two black and white

chequered finish line buoys deployed and positioned just in front and either side of the In-water Finish Gate (timing sensor).

9. The In-water Finish Gate will be located as close to the water's edge as is practicable. Times will be recorded as swimmers touch the Finish Gate.
10. After passing under the In-water Finish Gate, swimmers will walk directly up the beach through the Finish Chute and to the Recovery Zone, where a secondary timing sensor will record a backup time.

2.2 Alcoa 250 m Try It Swim

The Alcoa 250 m Try It Swim will commence at an in-water Start line located mid-way along Doddi's Beach, see Figure 2.2.

A parent or guardian may swim with their child as a chaperone. If a parent or guardian is unable to swim, during registration you can request a chaperone, however numbers are limited.

Swimmers will be requested to prepare to enter the water at 8:00 am and then requested to enter the water at 8:03am, ready for a 8:05 am start.

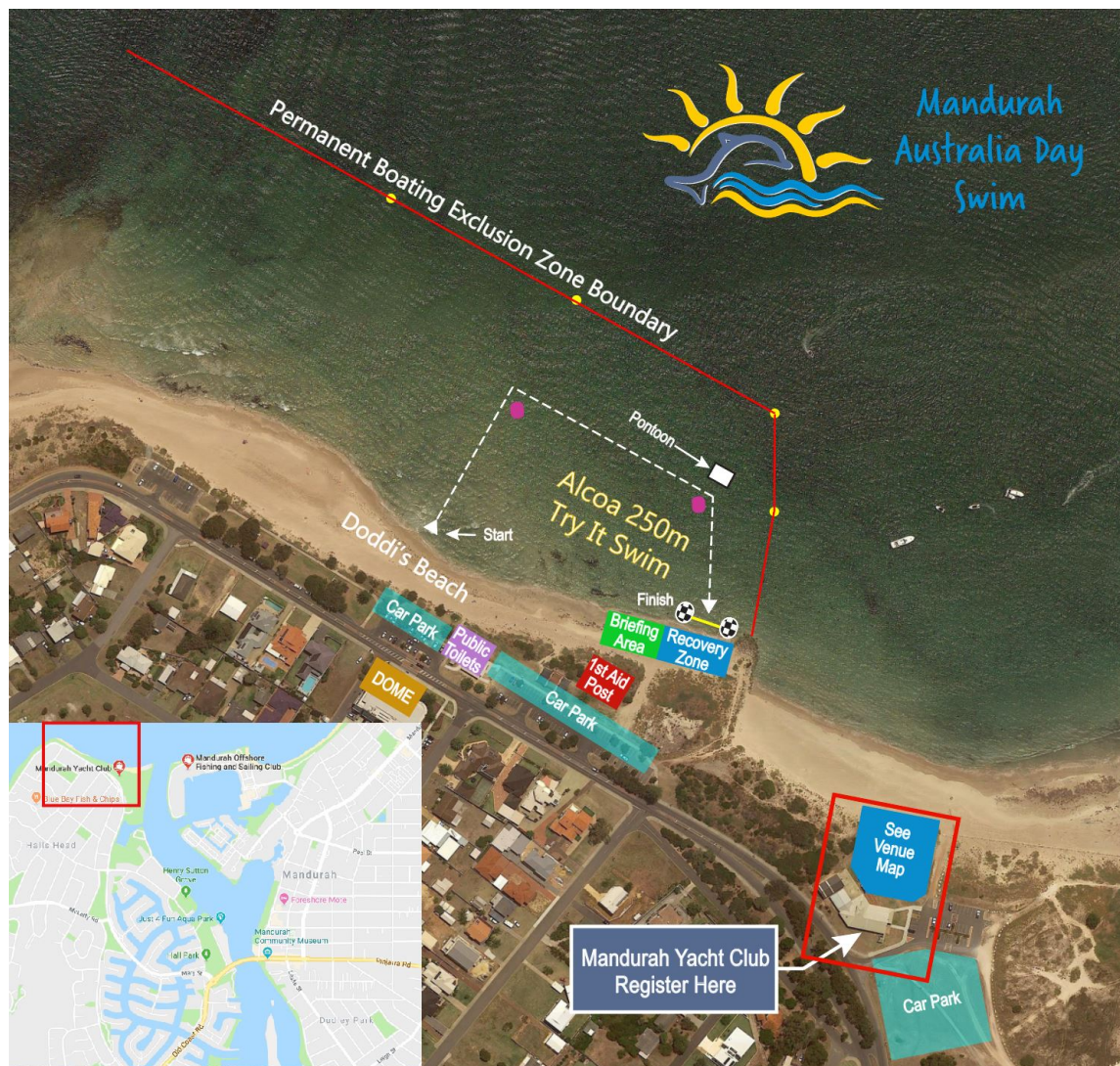


Figure 2.2 Venue and Course Map for Alcoa 250 m Try It Swim.

Course details are as follows:

1. The Start Line will be set midway along Doddi's Beach.
2. Swim from shoreline start and round a pink turning buoy, then turn east and swim toward the pontoon.
3. After rounding the second pink turning buoy, swim toward the two black and white chequered finish line buoys deployed and positioned just in front and either side of the In-water Finish Gate (timing sensor).
4. The In-water Finish Line will be located close to the water's edge beside the groyne at the Eastern End of Doddi's Beach.
5. After passing through the Finish Line, swimmers will walk directly up the beach to the Recovery Zone.

2.2 Registration & Presentation Area

The layout of the Registration & Presentation Area (see Figure 2.3) shows the location of Entrance, Registration Area, Presentation Area surrounded by marquees, Male Change Room, Bouncy Castle, and Vendors. Toilets are available inside the Mandurah Yacht Club.

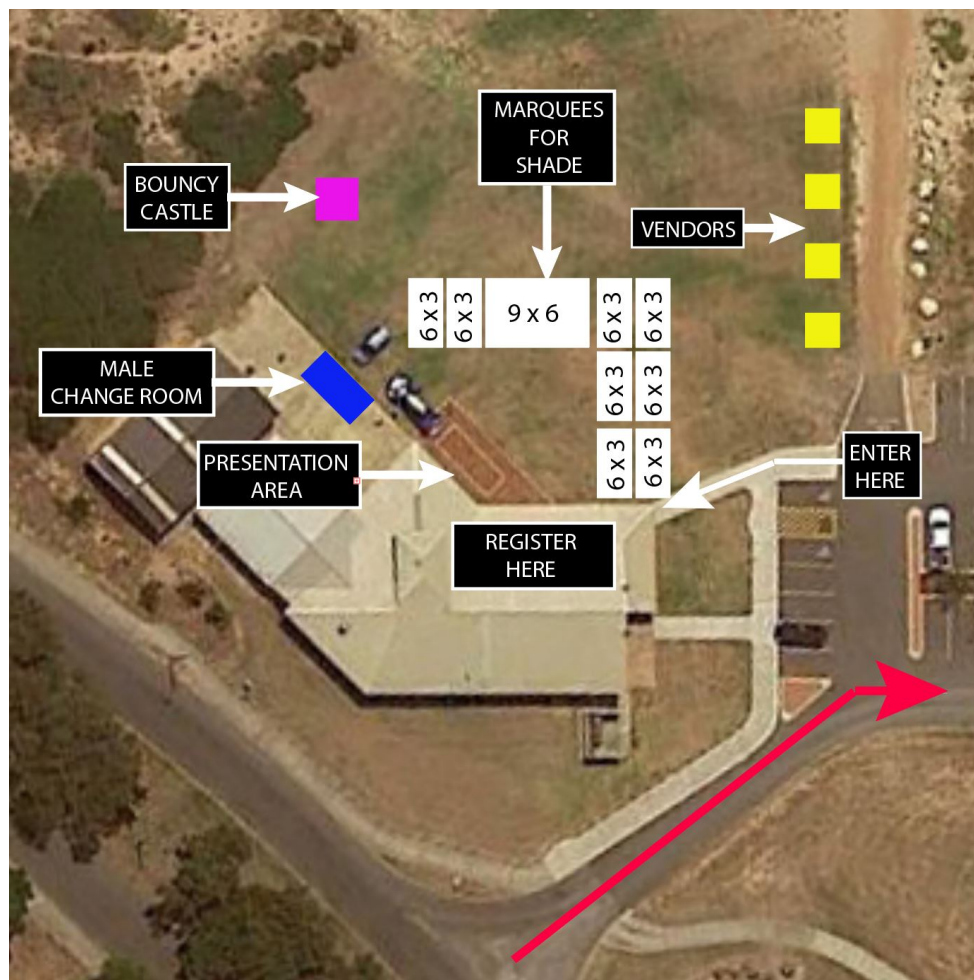


Figure 2.3 Registration and Presentation Area

3.0 EVENT OFFICIALS

Title	Name	Phone Number
Event Coordinator	Stephen Ferguson	0414 359 402
Race Director	Joel Lewis	0419 913 475
Safety Officer	TBA	
Referee	Ron Gray	0417 920 179
Timekeeper	Hazel Cockram	0438 880 243
Course Officer	Barb Pellick	0409 296 469

4.0 ENTRIES

1. Only well prepared and medically fit swimmers should take part.
2. Swimmers with pre-existing medical conditions that may be of concern to the Event organisers are requested to advise the Race Director of their condition at registration on the day of the Event.
3. Entry to the Event will require the pre-registration of swimmer's details.
4. Pre-registrations are only permitted through the on-line registration service (provided by BlueChip Timing), except that the registration of late entries will be accepted on the day of the Event (see below).
5. On-line pre-registration of entries will open on Sunday 1 December 2019.
6. Early bird on-line pre-registration of entries will close at 11:59pm on Tuesday 31 Dec 2019.
7. Regular on-line pre-registration of entries will close at 12:00 pm (noon) on Friday 24 Jan 2020.
8. Late registration of entries will close on the day of the Event, Sunday 26 Jan 2019 at 8:00 am for the Alcoa 250 m Try It Swim, 1 km and 2 km swims.
9. Entry fees will be as set out in Table 1.

TABLE 1: ENTRY FEES

Swim	Early Bird Up to 11:59pm 31/12/18	Regular Up to 12:00 pm 25/1/19	Late Up to 8:00 am 26/1/19
Alcoa 250 m Try It	\$10	\$15	\$20
1 km, 2 km & 4 km	\$35	\$45	\$55

10. Pre-registration of entries will only be accepted on-line if accompanied by full payment of the relevant entry fee.
11. All online entries must be accompanied by an electronic Event Terms & Waiver Form.
12. The first 300 online entries will receive a free Mandurah Australia Day T-shirt.
13. Late entries can be accepted on the day of the Event using a printed entry form (which includes an Event Terms & Waiver Form that must be signed) available on-line at <http://www.mandurahmannas.org.au/mandurahaustaliadayswim>.
14. All Event Terms & Waiver forms for late entrants under the age of 18 years on the day must

be signed by a parent or guardian of the swimmer, and the parent or guardian must be present at registration and remain present for the duration of the Event.

15. Late entries may be subject to a total field cap at the discretion of the Event Coordinator.
16. Wave allocation for late entries will depend on total number of swimmers.
17. Late entries will be eligible for prizes.
18. There is a stipulated minimum age for all swimmers, where the age of the swimmer (for insurance purposes) is determined on the day of the swim, as specified in the Table 2.

TABLE 2: MINIMUM SWIMMER AGE & TIME LIMIT

Distance	Age	Time Limit
250 m	8 Years	20 min
1 km	11 Years	30 min
2 km	12 Years	60 min

19. A parent or guardian may swim with their child as a chaperone. If a child needs a chaperone for the swim and a parent or guardian is unable to swim, during registration you can request a chaperone; however, numbers are limited.
20. Subject to this minimum age limit, all swims are open to all ages provided they can finish the swim by the stipulated time limit.

5.0 RACE DAY SCHEDULE

7:00 am

1. Open swimmer registration for swimmers who have entered online and any late entries.

8:00 am

1. Registrations close for all swims
2. Welcome and singing the National Anthem.

8:10 am (Approx.)

1. Move to the beach Start Line Area (ready to swim) for a Compulsory Swimmers Briefing at 8:20 am.

8:20 am

1. Compulsory Swimmers Briefing for the Alcoa 250 m Try It Swim, as well as 1 km and 2 km Swims, near the Finish Line.

8:30 am

1. Start swimmers in the Alcoa 250 m Try It Swim

9:00 am

1. Start swimmers in the first wave of the 2 km swim

9:05 am

1. Start swimmers in the second wave of the 2 km swim

9:10 am

1. Start swimmers in the 1 km swim

10:00 am

1. Sausage Sizzle in front of the Registration Area
2. Prize ceremony presentation and results

10:30 am

1. Event concludes

6.0 RACE DAY REGISTRATION

1. All pre-registered and late entries swimmers will register from 7:00 am to 8:00 am at registration tables in the Registration Area inside the Mandurah Yacht Club building.
2. Swimmers with pre-existing medical conditions that may be of concern to the Event organisers are requested to advise the Race Director of their condition upon registration on the day of the Event.
3. Swimmers will be given swim caps (a different colour for each distance/wave). It is compulsory to wear the swim cap for the duration of the swim.
4. Swimmers will be given a timing band to be worn on the left wrist. It is compulsory to wear the timing band.
6. Swimmers will be given individual swim numbers that will be fixed on their right upper arm and right shoulder blade, as well as, if appropriate, written on the swim cap. In the event that the right upper arm and shoulder blade is covered by swimwear, the swim number must be fixed on the swimmer's right lower arm or written on the back of the right hand.
7. Large Course and Venue Maps, as well as a copy of the 2019/20 MSWA OWS Local Rules will be on display on the Notice Board in the Registration Area for swimmers to refer to ahead of the Compulsory Swimmers Briefing.

7.0 SWIM CAP COLOUR



8.0 COMPULSORY SWIMMERS BRIEFING

A Compulsory Swimmers Briefing will be given at 8:20 am, when the swim course will be outlined and swim information will be addressed in accordance with MSWA Local OWS Rules by delegated Club presenter.

Swimmers who are not present for the respective Compulsory Swim Briefing will not be allowed to swim.

9.0 GENERAL RULES (APPLICABLE TO ALL SWIMMERS)

9.1 Rules

The Event is conducted under MSWA Local OWS Rules, including:

1. A time will be electronically recorded for all swimmers.
2. Wetsuits may be worn, but swimmers wearing wetsuits will not be eligible to win prizes.
3. FINA swimwear restrictions shall not apply to this Event
4. No paddles, fins, flotation devices or swimming aids are permitted. Snorkels may be allowed at the discretion of the Event Coordinator, but will not be eligible to win prizes.
6. No watches, heavy jewellery or fit bands are permitted to be worn
7. Due to the risk of injury to other swimmers, no breaststroke kicking at the marker buoys nor when in close proximity to other swimmers. Head up freestyle can be used for sighting and negotiating turns.
8. No personal paddlers are allowed
9. Official swim caps must be worn on heads at all times
10. Commercial craft have right of way
11. Swimmers found displaying unsporting conduct will be disqualified
12. In shallow water, swimmers may stand to rest but should only resume swimming from a standing start; i.e. no forward diving or walking is permitted.
13. Swimmers wishing to cool down after the Event should remove their swim cap and cool down away from the Event course.

10.0 START PROCEDURE

10.1 1 km and 2 km Swims

The start for the 1 km and 2 km swims will be as follows;

- a) Follow the instructions of the Marshals and do not enter the Start Area/Chute or water until you are instructed to do so.
- b) Swimmers must go through the Start Chute for swimwear and jewellery inspection.
- c) There will be a deep water or standing start on a line located slightly west of the Finish Line and defined by the line between the Starter on the beach and Referee Jet Ski in the water.
- d) At approximately 2 minutes to go, swimmers will be instructed to enter the water and make their way to the Start Line. Please self-seed on the Start Line with faster swimmers at the front.
- e) Once all swimmers are deemed to be ready, the race flags will be raised to signify a start is imminent (Referee to demonstrate at Compulsory Swimmers Briefing).
- f) The start of each wave of swimmers will be signalled by the sounding of an air horn and drop of flag (Referee to demonstrate at Compulsory Swimmers Briefing).

Please be kind to slower swimmers who you may catch along the course.

10.2 Alcoa 250 m Try It Swim

The start procedure will be as follows;

- a) Follow the instructions of the Marshals and do not enter the water until you are instructed to do so.
- b) There will be a standing start on a line.
- c) At approximately 2 minutes to go, swimmers will be instructed to enter the water and make their way to the Start Line.
- d) Once all swimmers are deemed to be ready, the race flags will be raised to signify a start is imminent (Demonstrate at Compulsory Swimmers Briefing).
- e) The start will be signalled by the sounding of an air horn and drop of flag (Demonstrate at Compulsory Swimmers Briefing).

Please be kind to slower swimmers who you may catch along the course.

11.0 CANCELLATION

In the event of unfavourable conditions or circumstances that could compromise the safety of participants, the Race Director has the right to cancel the Event.

The decision shall be made by the Race Director in consultation with the Event Coordinator, the Referee and Safety Officer.

If the Event is cancelled, entry fees will not be refunded.

12.0 PRIZES

A presentation ceremony will be held in the Presentation Area in front of the Mandurah Yacht Club building at approximately 10:10 am or as soon as practicable after the last swimmer has completed 2 km swim and the results have been reviewed and compiled by the Timekeeper.

All Alcoa 250 m Try It swimmers will be given a prize for participating.

All 1 km and 2 km swimmers, including late entrants, are eligible for prizes with the exception of swimmers wearing wetsuits, snorkels or those disqualified for breaches of the rules.

The 1st 2nd and 3rd male and female swimmer in the 1 km and 2 km swims will be awarded cash prizes of \$150, \$100 and \$50, respectively.

The three swimmers in the 1 km and 2 km swims, whose time is closest to their nominated time, will be awarded a prize.

Unclaimed prizes may be claimed within 30 days after the event.

MSWA OWS points will be awarded for 1 km and 2 km swims in accordance with the 2019/20 MSWA OWS Point Scoring System; i.e. the 1 km swim is a Tier C Event, and the 2 km swim is a Tier B Event.

13.0 REFRESHMENTS

- All swimmers will be provided with water and fruit in the Recovery Area after the event.
- All swimmers, officials and non-club volunteers will be provided with a voucher for a free sausage in a roll.
- Vouchers can be redeemed in front of the Mandurah Yacht Club building after the swim events.
- For those without a voucher, a sausage in a roll, as well as water and soft drinks, will be on sale in front of the Mandurah Yacht Club building after the swim events.
- Coffee can be purchased from a van located in front of the Mandurah Yacht Club building.